

Friend or Foe? Bacterial Viruses in Food Production

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What are 'Bacteriophages'?

- Bacteriophages, or phages, are bacterial viruses.
- Natural viral predators of bacteria, found in every ecosystem on the planet.
- Most abundant biological entities in the biosphere (~10³¹).
- Specifically infect bacteria only and are completely harmless to humans/animals.







What do phages look like?

Phage Morphology





Image - Prof Horst Neve, MRI Institute, Kiel, Germany





The battle against bacteriophages in the dairy industry....

- Phages can be major problem in the dairy industry.
- Large volumes of bacterial cultures are grown to produce cheese, yogurt, and other fermented dairy products.
- Phages in a dairy processing plant can lead to major economic losses.







Phages as Therapeutics....a centuries-old idea....







Phage as Control Agents in Food - Two Approaches



1. Whole Phages or 'Phage Cocktails'

Use of a single phage, or multiple phages in a mixture known as a 'phage cocktail'.

• Bacterial Target 1 - *E. coli* O157:H7



2. Phage Enzymes/Endolysins

Enzymes derived from phages which are used to lyse the host cell, can be used from the 'outside-in' also.

• Bacterial Target 2 - *Listeria monocytogenes*



- Causative agent of serious foodborne illness.
- Consumption of undercooked beef but food sources expanding.
- Cattle are the main reservoir, asymptomatic, erratic shedding.
- High % of antibiotic resistance in isolates from animals.







Phage Enrichment and Isolation



TOMORROW'S AGRI-FOOD SYSTEMS

In food systems, two types of intervention:

- Pre-Harvest Intervention phage application to the animal/plants before animal is slaughtered, or plant is harvested.
- Post-Harvest Intervention phage application after harvesting – either directly to the food or to the processing environment or packaging.



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ROW'S AGRI-FOOD SYSTEMS





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Pre-Harvest Intervention 1 Phage Intake in Cattle Drinking Water



E. coli O157:H7 phage cocktail



Significantly, phages were found to transit the gut.

Pre-Harvest Intervention 2 Phage Application on Cattle Hide



E. coli O157:H7 phage cocktail



Phage cocktail reduces *E.coli* O157:H7 numbers present on cattle hide.

Post-Harvest Intervention Phage Application on Meat Surface



No *E. coli* detected on 7/9 pieces of steak meat treated with the phage cocktail





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- Foodborne pathogen that causes listeriosis
- Relatively rare infection but has >20% fatality rate
- Associated primarily with ready-to-eat foods (no cooking step)
- 2018-2019: >200 fatalities in largest global outbreak in South Africa (polony)







Phage Endolysin for Control of *Listeria monocytogenes*











Currently Available Phage-Based Products



Current Position on the Use of Phages in Agri-Food

- No common position on use of bacteriophages in agri-food systems.
- EU: considered by most member states (including IRL) as food additives (must be labelled).
- US: approved for use as processing aids (no labelling required).
- Progress in this area likely to be dictated by public health needs and tackling antimicrobial resistance in the microbial population.





With thanks....



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