

Milk Quality Workshop 2024

Impact of a grass-based system on milk fat and micronutrient composition

Tailoring milk protein profile through genetic selection



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An Roinn Talmhaíochta,
Bia agus Mara
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Food and the Marine



Milk supply

2 supply patterns

1. Liquid milk pool:

Winter milk schemes

Approx. 15 % of total supply



2. Manufacturing milk pool:

Spring-calving herds

Approx. 85 % of total supply



- Prevalence of seasonal production - focus on long shelf-life commodities (butter, cheddar cheese, milk powders)
- Up to 1000 % self-sufficient in some products - 85 % of products exported
 - (worth ~ €6.8 billion in 2022)
 - 40 % of all milk in Ireland used for cheese

On a national level, pasture-based system is fundamental to the majority of milk production and export product portfolio

Images: Strathroy Dairies/Ornua

“Grass-fed” marketing



Research Reveals!

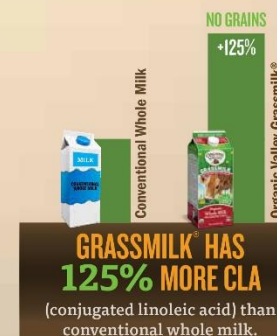
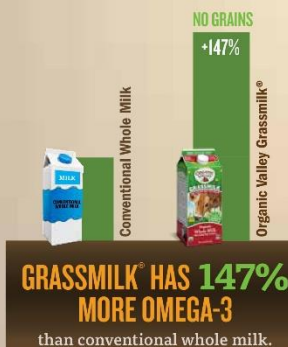
ORGANIC GRASS-FED MILK IS MORE NUTRITIOUS

A new scientific study shows that cows fed a 100% organic grass-fed diet with no grain produce milk that has dramatically more omega-3 fatty acids than cows that eat a diet of grain. The results show what farmers have always known—when cows eat well, so do you!

Published in the *Journal of Food Science and Nutrition*, February 2018. Based on data from a 3-year study of 1,100+ Grassmilk samples collected from 2014-2016.



The more grass a cow eats,
THE MORE NUTRIENT-RICH THE MILK.

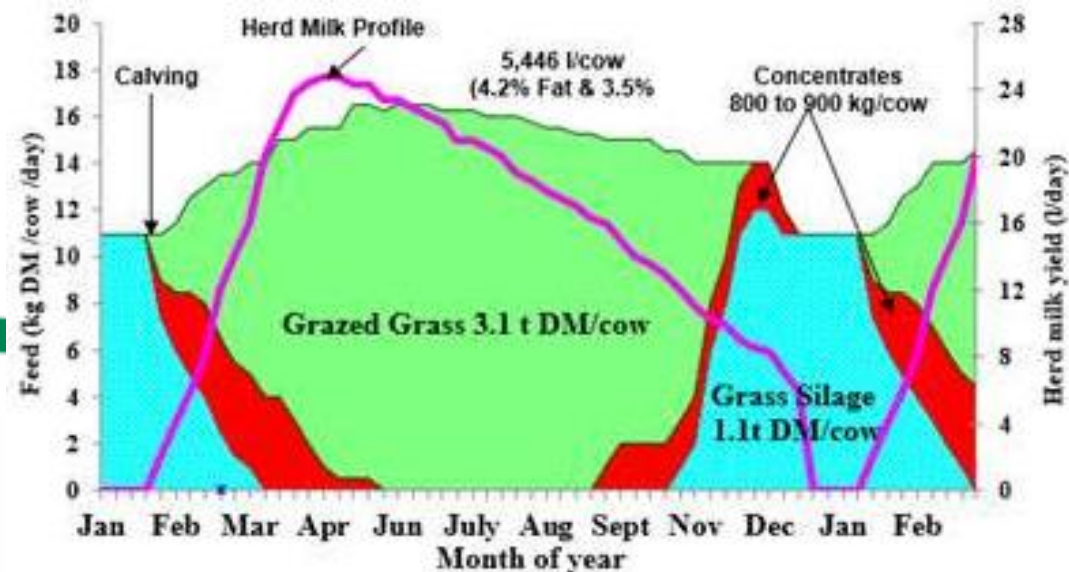


A better balance of
OMEGA-6 TO OMEGA-3 FOR HUMAN HEALTH IS 1:1.
The average American diet is heavily weighed toward omega-6.



Grass-fed standard

- Cows averaging 95% grass fed on a fresh weight basis.
- Most Irish cows grazing for average of 240 days per year, often up to 300 days grazing (mid Feb to mid Nov)
- Contrast: organic production – 120 days, Netherlands - 120 days, but premium applied.



Manufacturing milk pool - Seasonality

- Changes due to combination of lactational and dietary effects
- Milk less suitable for processing & lower volumes available
- Can pose challenges for processor in early/late lactation

%	Total solids	Protein	Fat	Lactose	Ash	Casein	Whey
Early-lactation	13.6	3.33	4.56	4.98	0.73	2.66	0.48
Mid-lactation	13.56	3.51	4.46	4.92	0.67	2.78	0.54
Late-lactation	14.58	3.89	4.9	4.75	1.04	3.31	0.65
Yearly average	13.95	3.65	4.65	4.87	0.78	2.95	0.56

Data from seasonality study conducted on Moorepark herd

Recent studies on effects of pasture diets on milk quality:

Grass, Grass/clover & total mixed ration



Perennial ryegrass pasture
– 18 kg DM per day
(GRS)

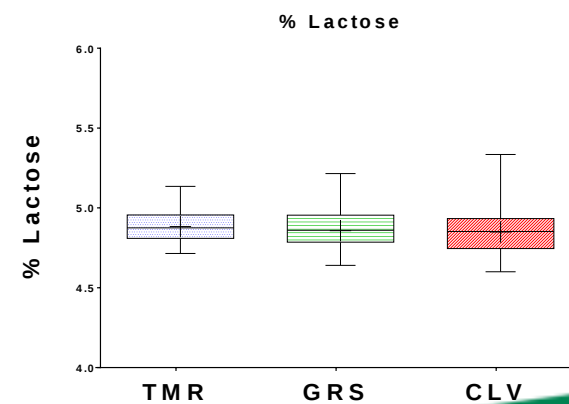
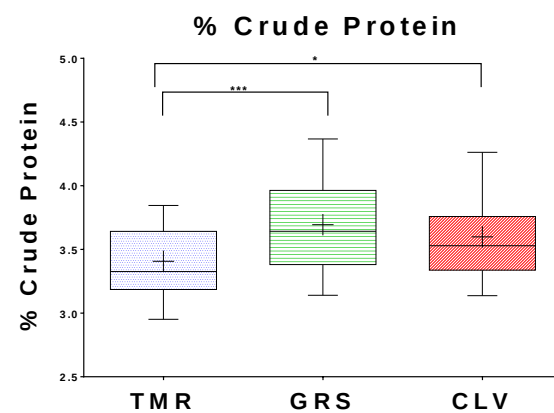
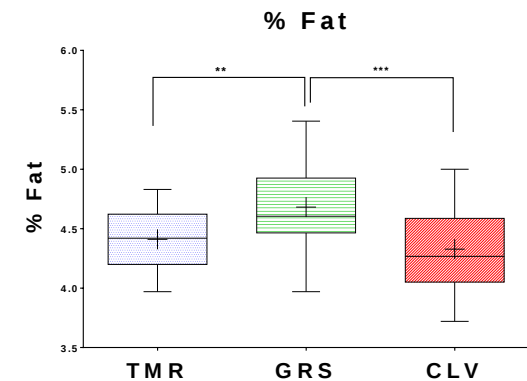
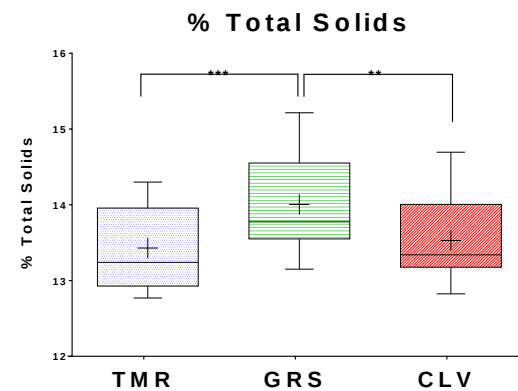
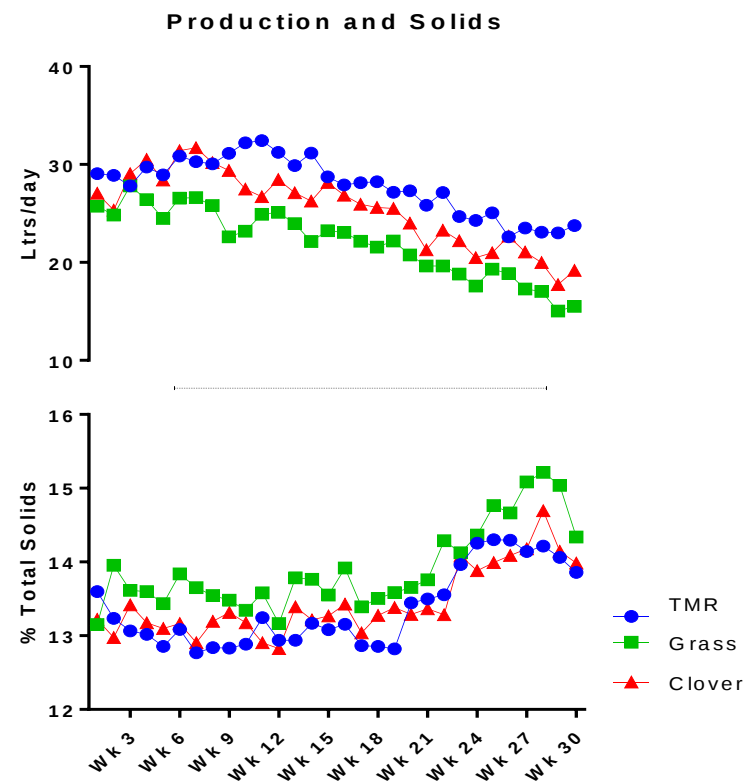


Perennial ryegrass / 20 % white
clover pasture
– 18 kg DM per day
(CLV)



Indoor total mixed ration
– 7.15 kg grass silage, 7.15 kg
maize silage + 8.3 kg concentrate
per day
(TMR)

Diet impacts milk yield & constituents throughout lactation



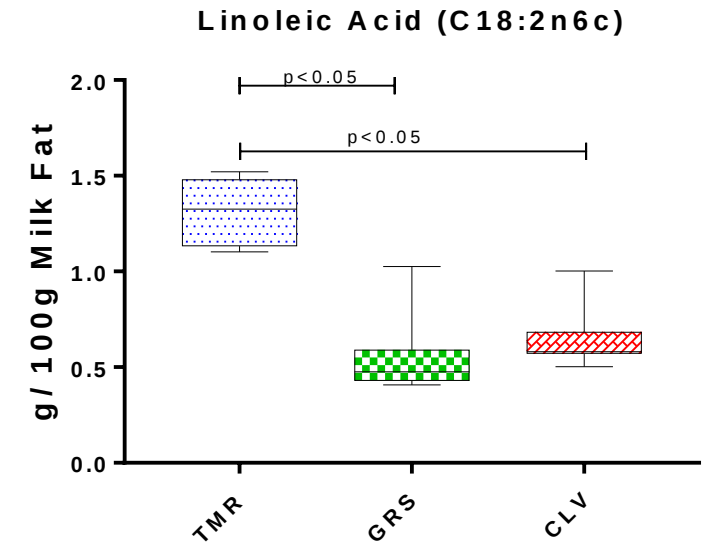
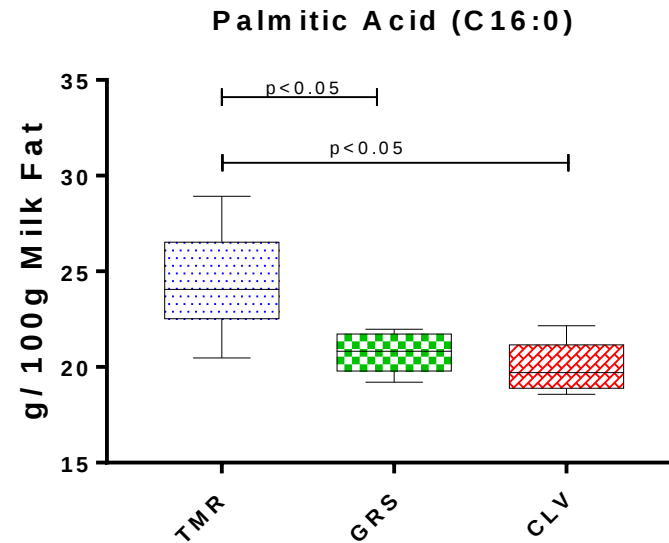
Pasture based feeding has a beneficial effect on milk fatty acid profile

In total 26 Fatty Acids were analyzed from bulk milks weekly from March to October

	Yearly Average			Significance:	
	TMR	GRASS	CLOVER	P _i	η ²
Butyric Acid (C4:0)	3.93 ± 0.71	3.69 ± 0.63	3.66 ± 0.45	0.257	-
Caproic Acid (C6:0)	2.01 ± 0.37	1.90 ± 0.35	1.90 ± 0.24	0.410	-
Caprylic Acid (C8:0)	1.08 ± 0.19	1.05 ± 0.20	1.06 ± 0.14	0.872	-
Capric Acid (C10:0)	2.34 ± 0.46	2.35 ± 0.55	2.42 ± 0.38	0.567	-
Undecanoic Acid (C11:0)	0.04 ± 0.02	0.06 ± 0.03	0.05 ± 0.02	0.001	0.769
Lauric Acid (C12:0)	2.65 ± 0.53	2.68 ± 0.64	2.76 ± 0.43	0.678	-
Tridecanoic Acid (C13:0)	0.07 ± 0.02	0.08 ± 0.03	0.08 ± 0.02	0.009	0.650
Myristic Acid (C14:0)	8.29 ± 1.67	8.17 ± 1.53	8.22 ± 0.92	0.943	-
Myristoleic Acid (C14:1)	0.72 ± 0.21	0.76 ± 0.22	0.71 ± 0.17	0.459	-
Pentadecanoic Acid (C15:0)	0.78 ± 0.16	0.95 ± 0.21	0.92 ± 0.12	0.003	0.732
Palmitic Acid (C16:0)	24.39 ± 4.60	20.73 ± 3.21	19.98 ± 2.26	0.002	0.743
Palmitoleic Acid (C16:1)	1.22 ± 0.25	1.19 ± 0.21	1.10 ± 0.16	0.094	-
Heptadecanoic Acid (C17:0)	0.43 ± 0.08	0.49 ± 0.09	0.47 ± 0.07	0.009	0.646
Stearic Acid (C18:0)	7.25 ± 1.42	7.06 ± 1.32	6.90 ± 1.09	0.280	-
Oleic Acid (C18:1n9c)	14.59 ± 2.83	13.99 ± 3.02	13.23 ± 2.46	0.064	-
Linolelaidic Acid (C18:2n6t)	0.15 ± 0.07	0.33 ± 0.06	0.36 ± 0.04	0.001	0.968
Linoleic Acid (C18:2n6c) (LA)	1.31 ± 0.28	0.55 ± 0.21	0.64 ± 0.17	0.001	0.972
α-Linolenic Acid (C18:3n3) (ALA)	0.27 ± 0.10	0.53 ± 0.09	0.68 ± 0.10	0.001	0.973
CLA (c9t11)	0.58 ± 0.15	1.44 ± 0.37	1.32 ± 0.25	0.001	0.956
CLA (c12t10)	0.09 ± 0.02	0.08 ± 0.02	0.08 ± 0.02	0.021	0.578
Eicosenoic Acid (C20:1)	0.05 ± 0.02	0.08 ± 0.03	0.09 ± 0.03	0.001	0.842
Eicosatrienoic Acid (C20:3n6)	0.10 ± 0.06	0.00 ± 0.01	0.01 ± 0.02	0.001	0.979
Behenic Acid (C22:0)	0.01 ± 0.01	0.01 ± 0.01	0.01 ± 0.01	0.685	-
Erucic Acid (C22:1n9)	0.03 ± 0.02	0.01 ± 0.01	0.01 ± 0.01	0.001	0.888
Tricosanoic Acid (C23:0)	0.00 ± 0.01	0.04 ± 0.03	0.05 ± 0.03	0.001	0.876
Arachidonic Acid (C20:4n6)	0.00 ± 0.01	0.05 ± 0.03	0.06 ± 0.02	0.001	0.970

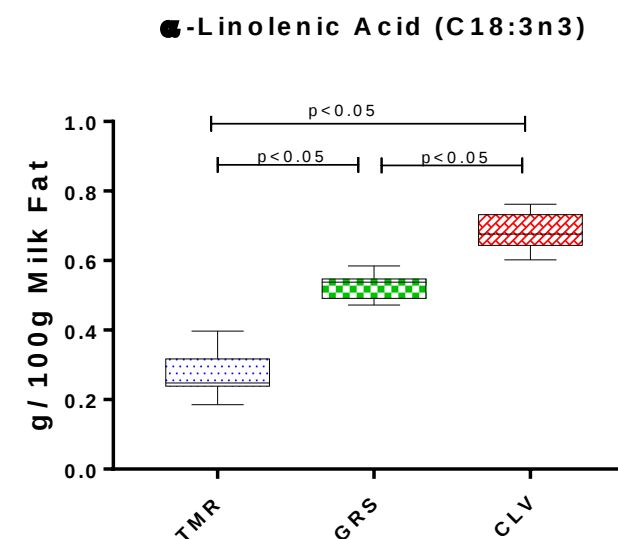
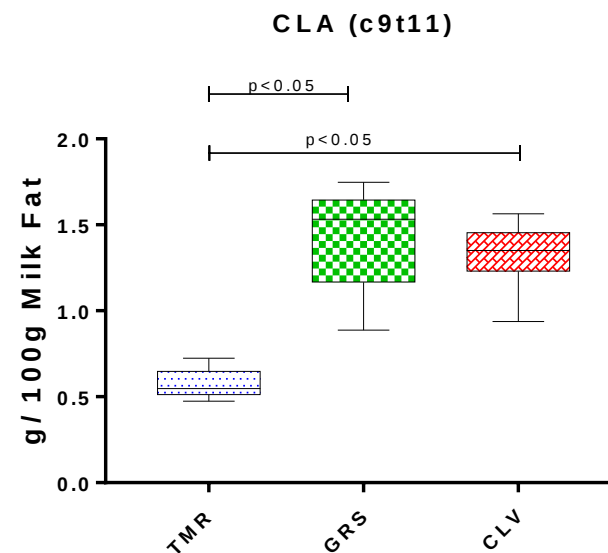
Pasture based feeding has a beneficial effect on milk fatty acid profile

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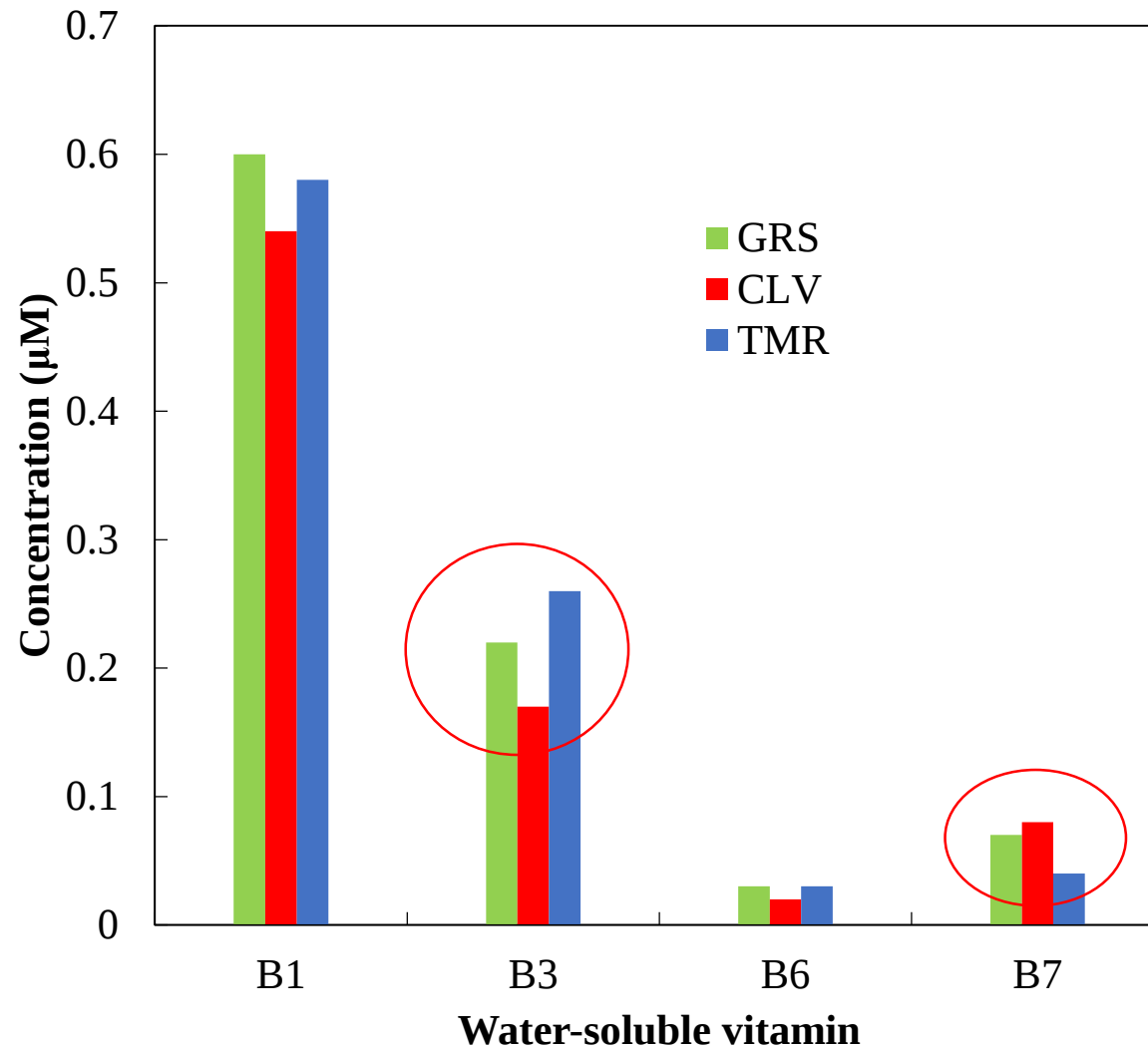
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Milk mineral content

	Mineral	GRS	CLV	TMR
Major elements (mg per 100 g)	Calcium	142.2	133.7	131.8
	Phosphorus	104	98.9	101
	Sodium	49.1	47.0	46.7
	Magnesium	13.4	13.0	13.0
Trace elements (µg per kg)	Zinc	4589	4417	4822
	Iron	542	504	331
	Copper	60.3	47.2	76.9
	Molybdenum	45.9	43.4	46.4
	Manganese	42.5	40.7	29.2
	Selenium	15.7	13.9	27.1
	Cobalt	0.80	0.75	0.82
	Iodine	117	79.3	407

Vitamin B Profile of skim milk and whey

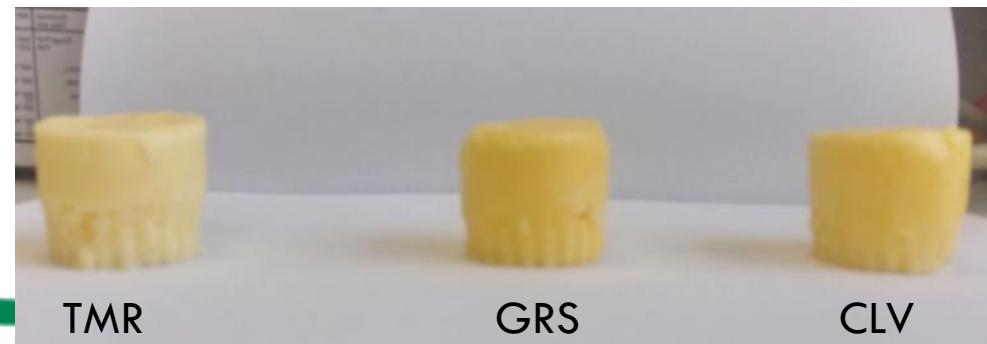
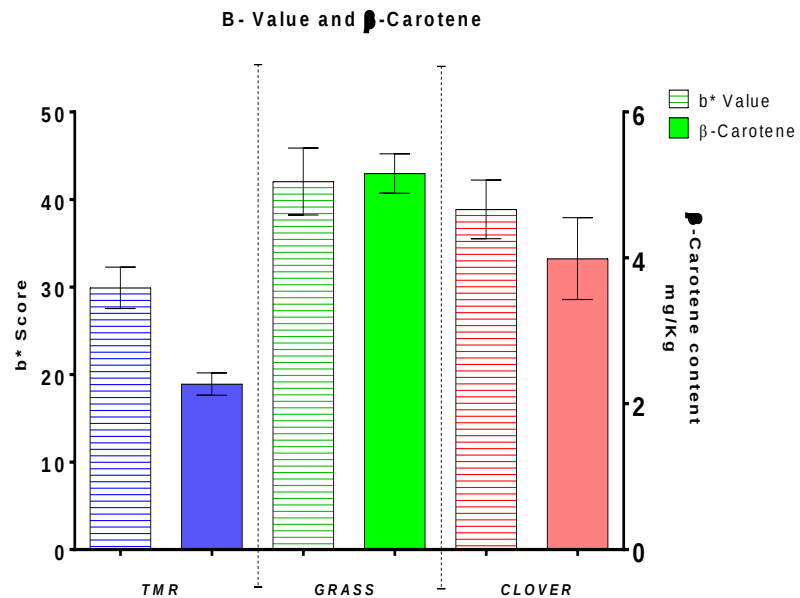
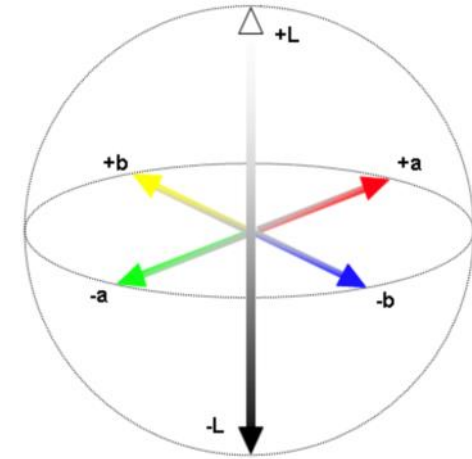
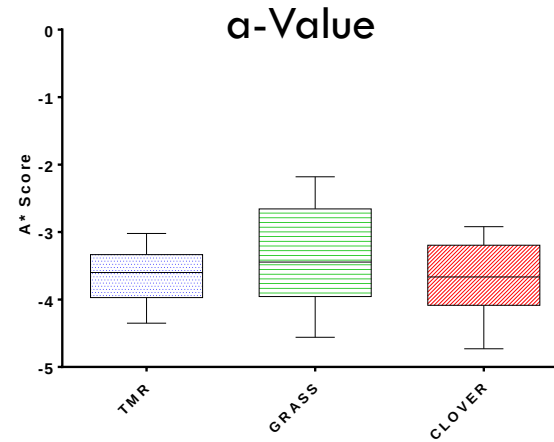
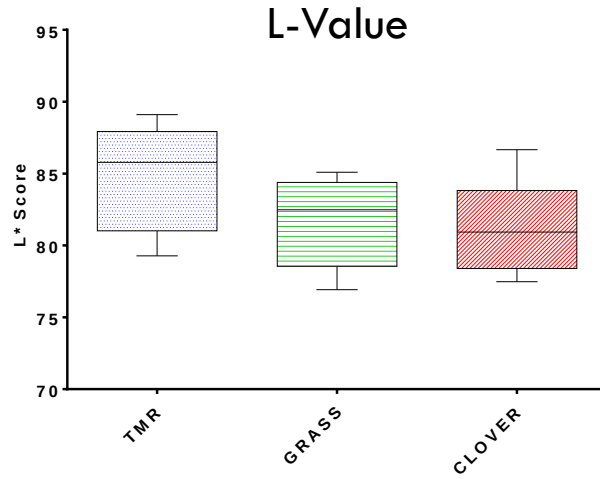


Values within each series cluster not sharing a common letter differed significantly.

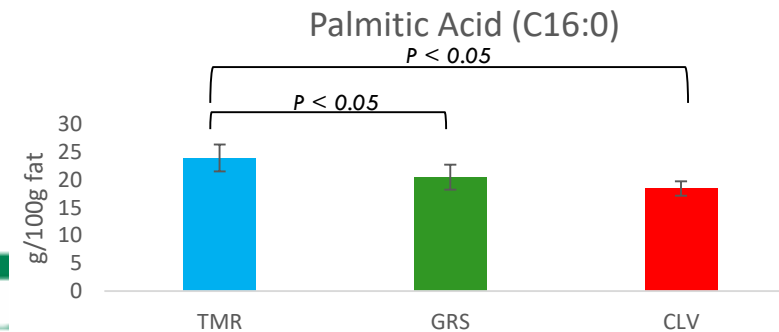
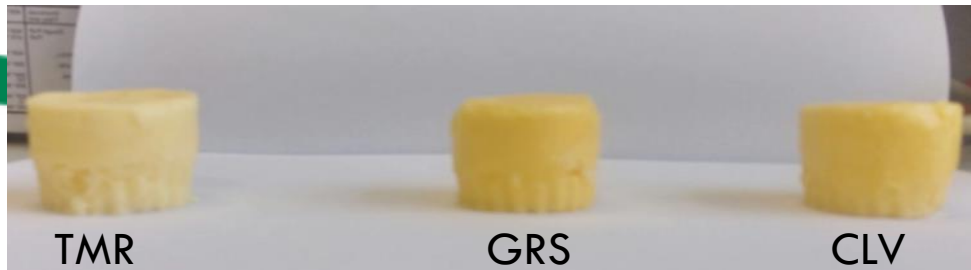
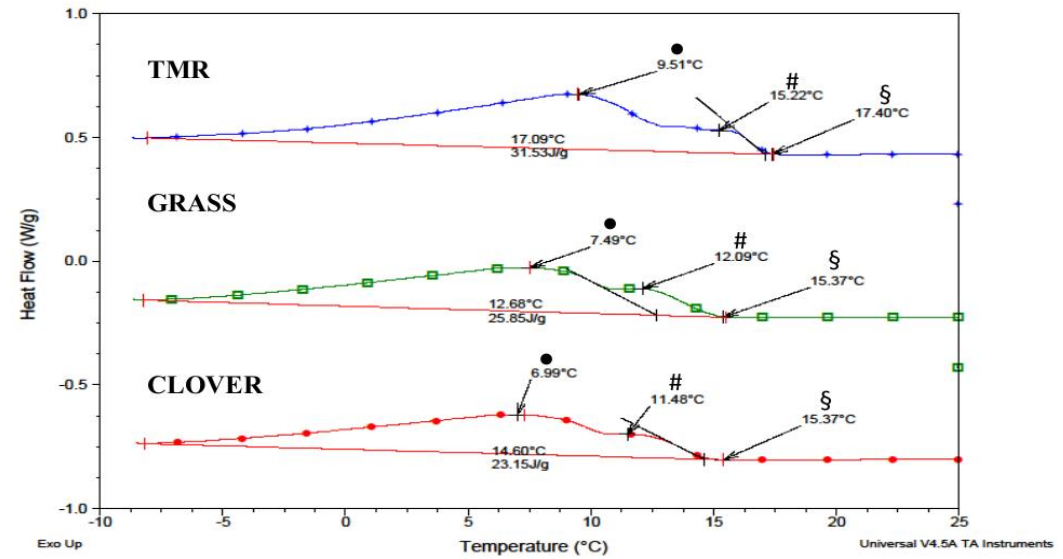
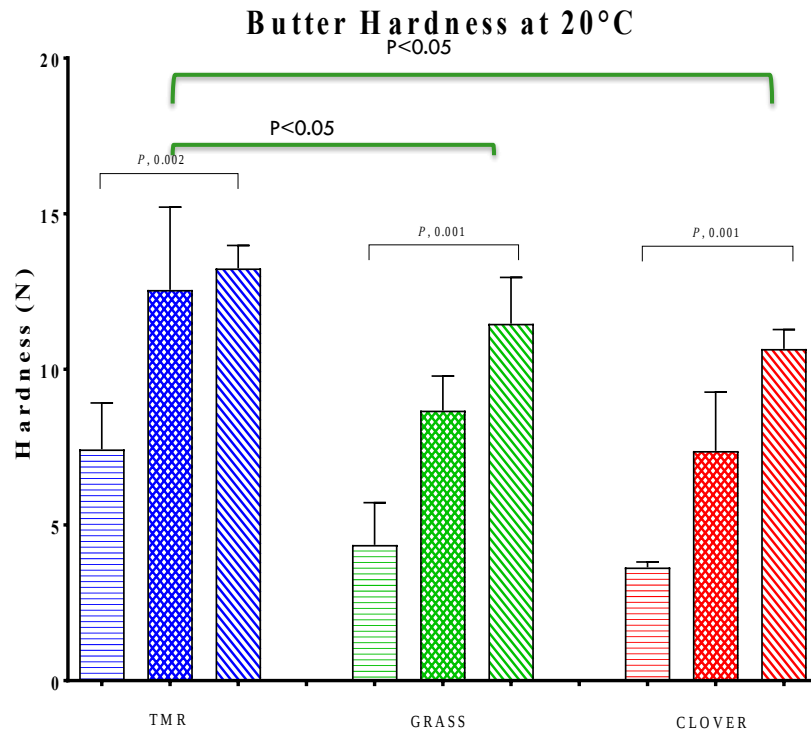
- Significantly higher vitamin B2 (riboflavin) in both GRS and CLV samples than in TMR sample.
- Significantly higher vitamin B3-amide (niacinamide) in TMR sample than in GRS sample.

- Significantly higher vitamin B3 (niacin) in TMR sample than in CLV sample.
- Significantly higher vitamin B7 (biotin) in both GRS and CLV samples than in TMR sample.

Pasture derived butter is more yellow in colour



Cow diet has a significant effect on butter texture



Recent studies on effects of pasture diets on milk quality:

Grass, partial mixed ration & total mixed ration



GRS

- 95% grazed pasture annually
- 5% supplemented concentrates



PMR

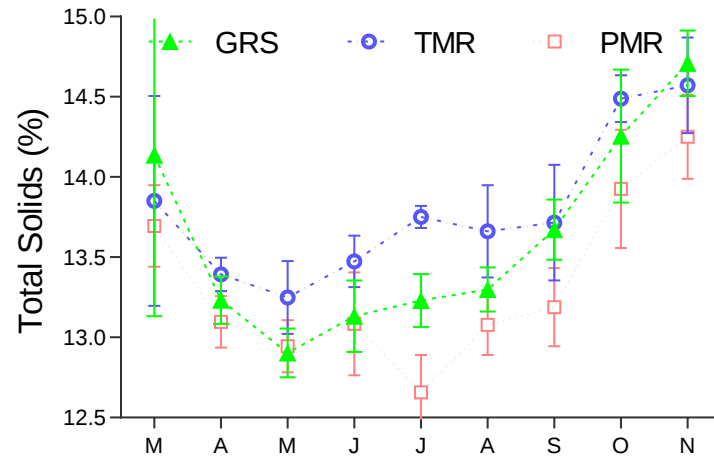
- GRS diet at day
- TMR diet at night



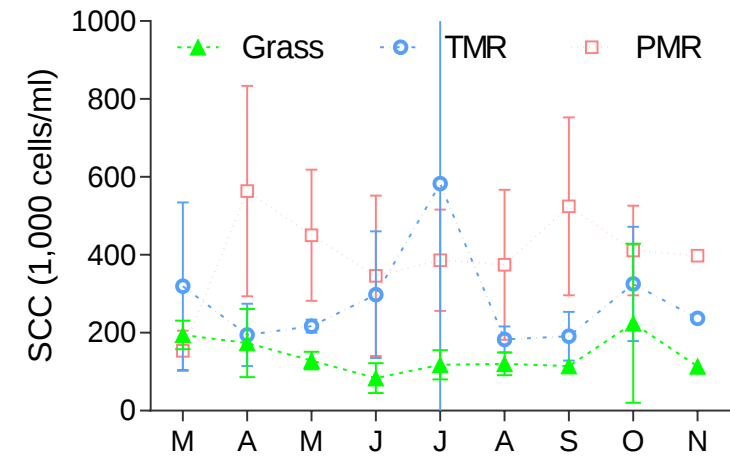
TMR

- 40% maize silage
- 40% concentrates
- 20% grass silage

Diet impacts milk quality throughout lactation

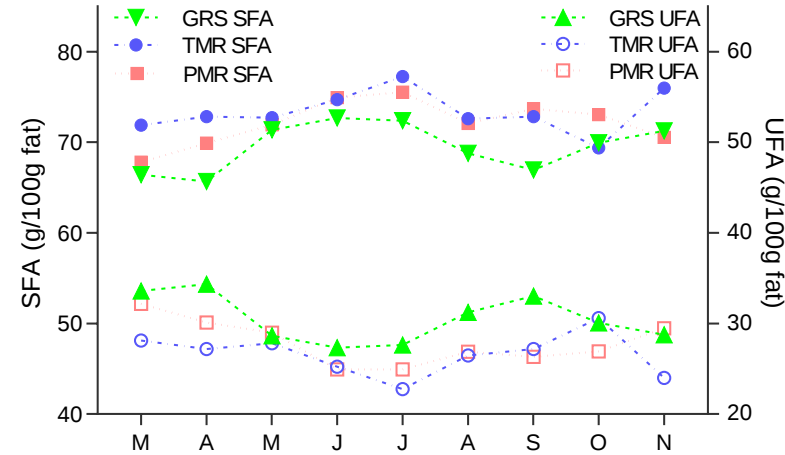
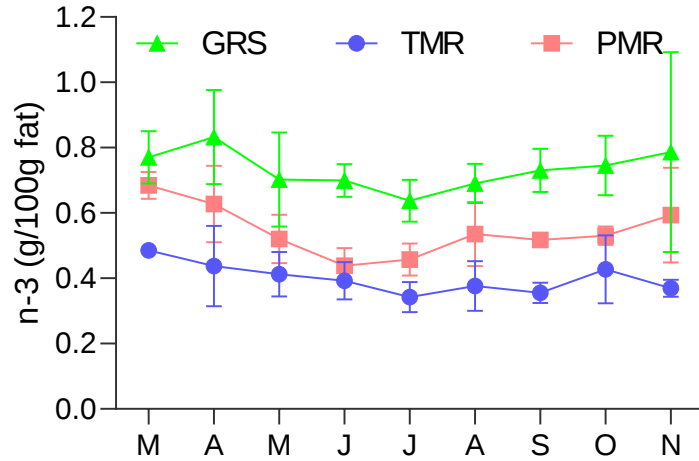


- **Contrast to previous study (different years):** higher solids in TMR milk throughout mid-lactation than GRS and PMR

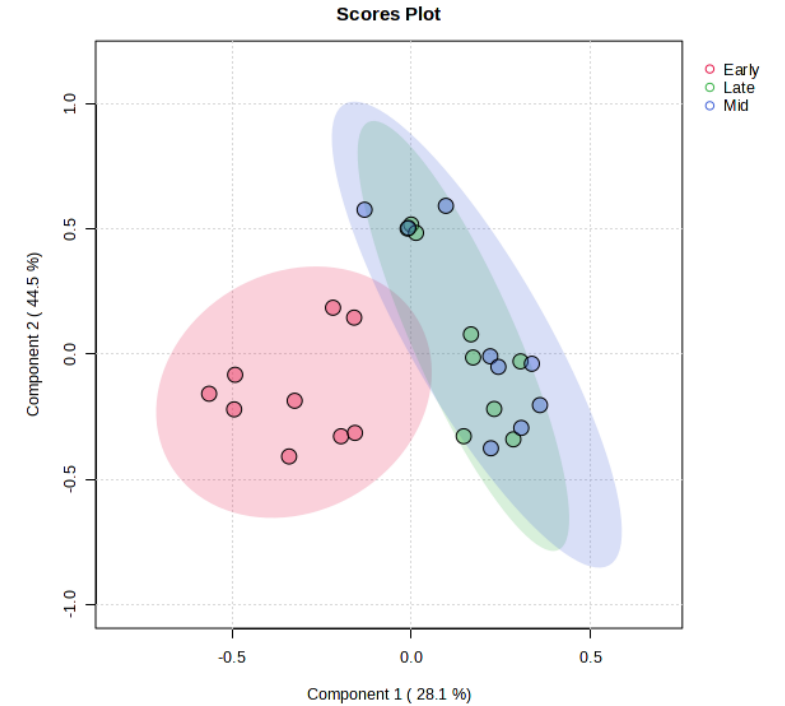


- GRS cows with significantly better udder health than more conventional diets
- Under 200,000 cells/mL for most of the season

Pasture based feeding has a beneficial effect on milk fatty acid profile



Nutritionally Beneficial FA



Increasing with increasing proportions of pasture (GRS > PMR > TMR) including:

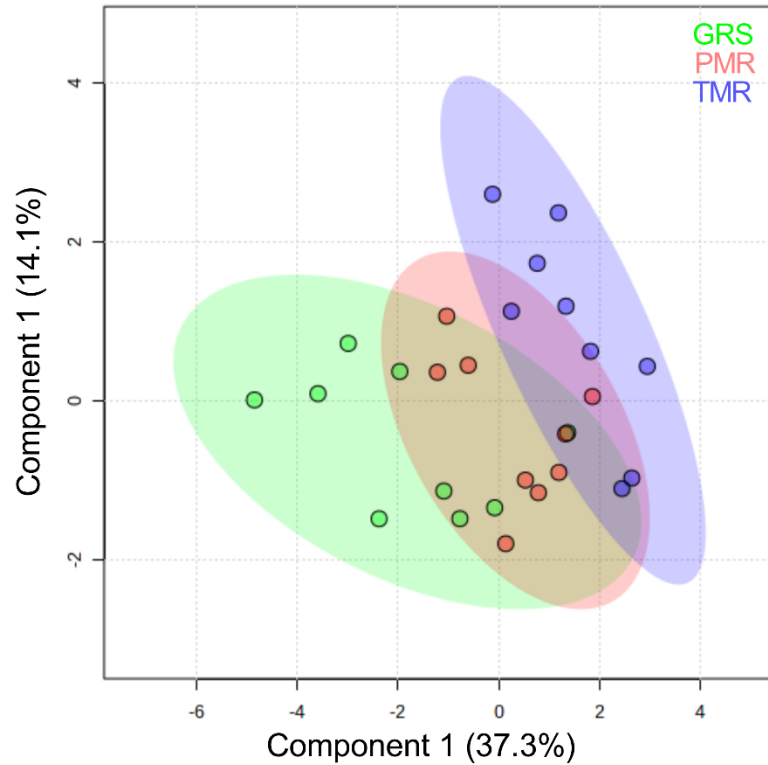
- 141% increase in conjugated linoleic acid
- 83% increase in n-3 FA
- Unsaturated FA

- Negative energy balance of the animals in early lactation the main reason for a stage of lactation effect on FA profile

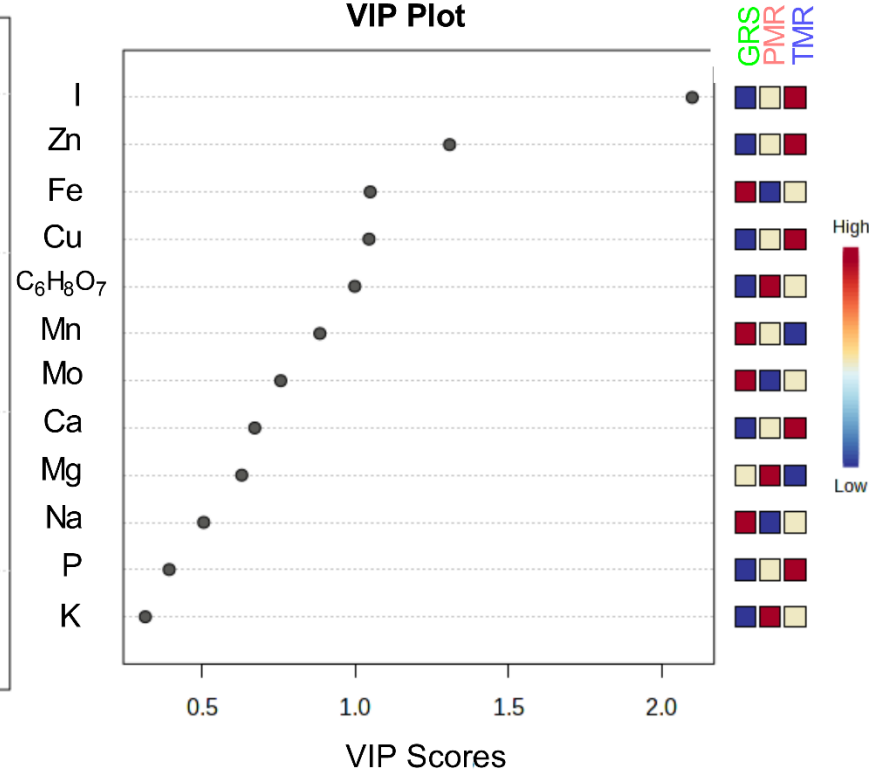
Trend of increased beneficial fatty acids in pasture-derived products seen across milk, butter, cheddar cheese and whole milk powder

Milk mineral content

Scores Plot



VIP Plot



Ca	GRS < TMR & PMR
Fe	GRS > TMR & PMR
K	GRS < PMR
Cu	GRS < TMR & PMR
Zn	GRS < TMR & PMR
C ₆ H ₈ O ₇	GRS < TMR & PMR
I	GRS < PMR < TMR
Na	GRS > PMR
Mo	GRS > PMR

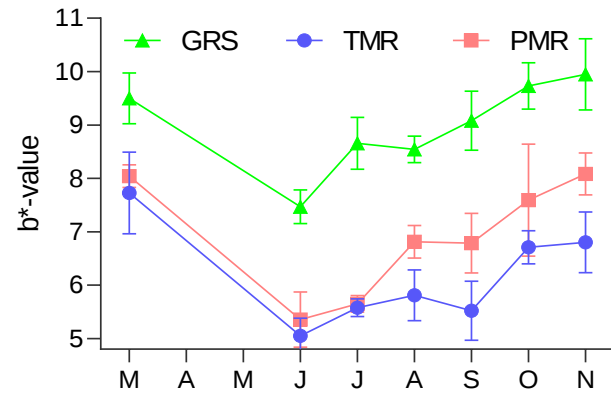
Quality and consumer acceptance

Do dietary differences impact the final product?

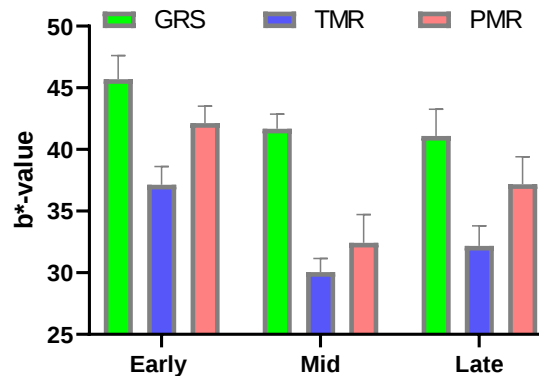
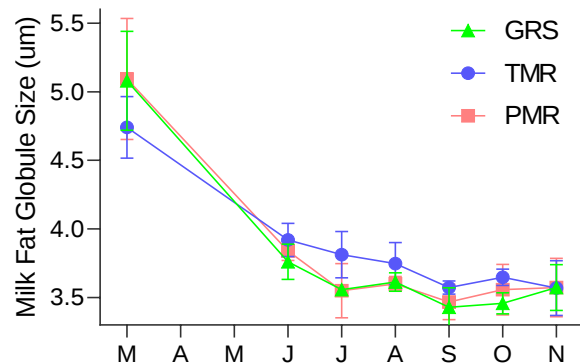
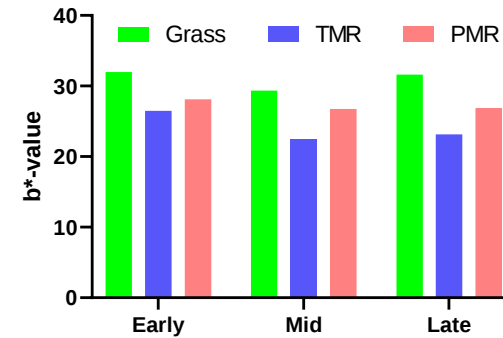
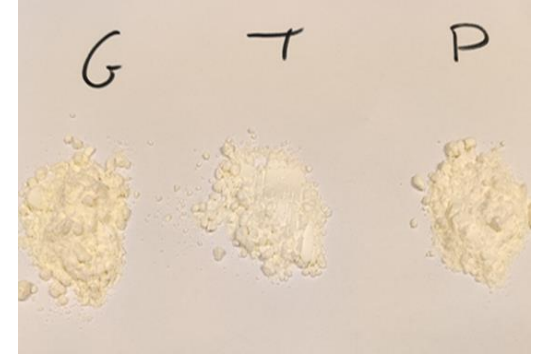
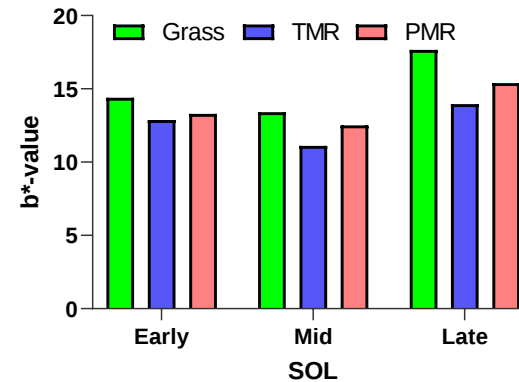


Can differences be perceived between groups?

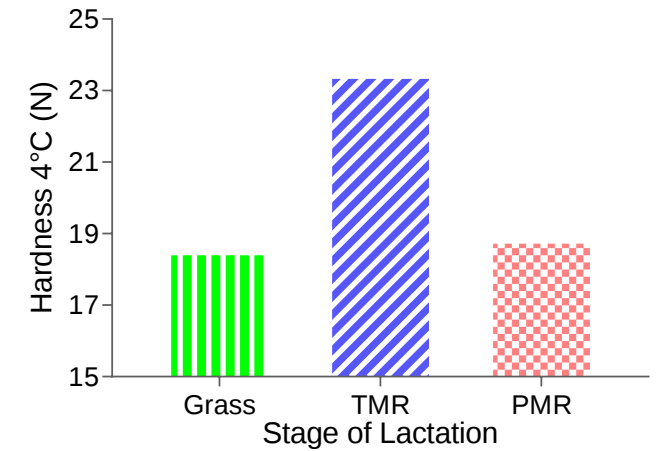
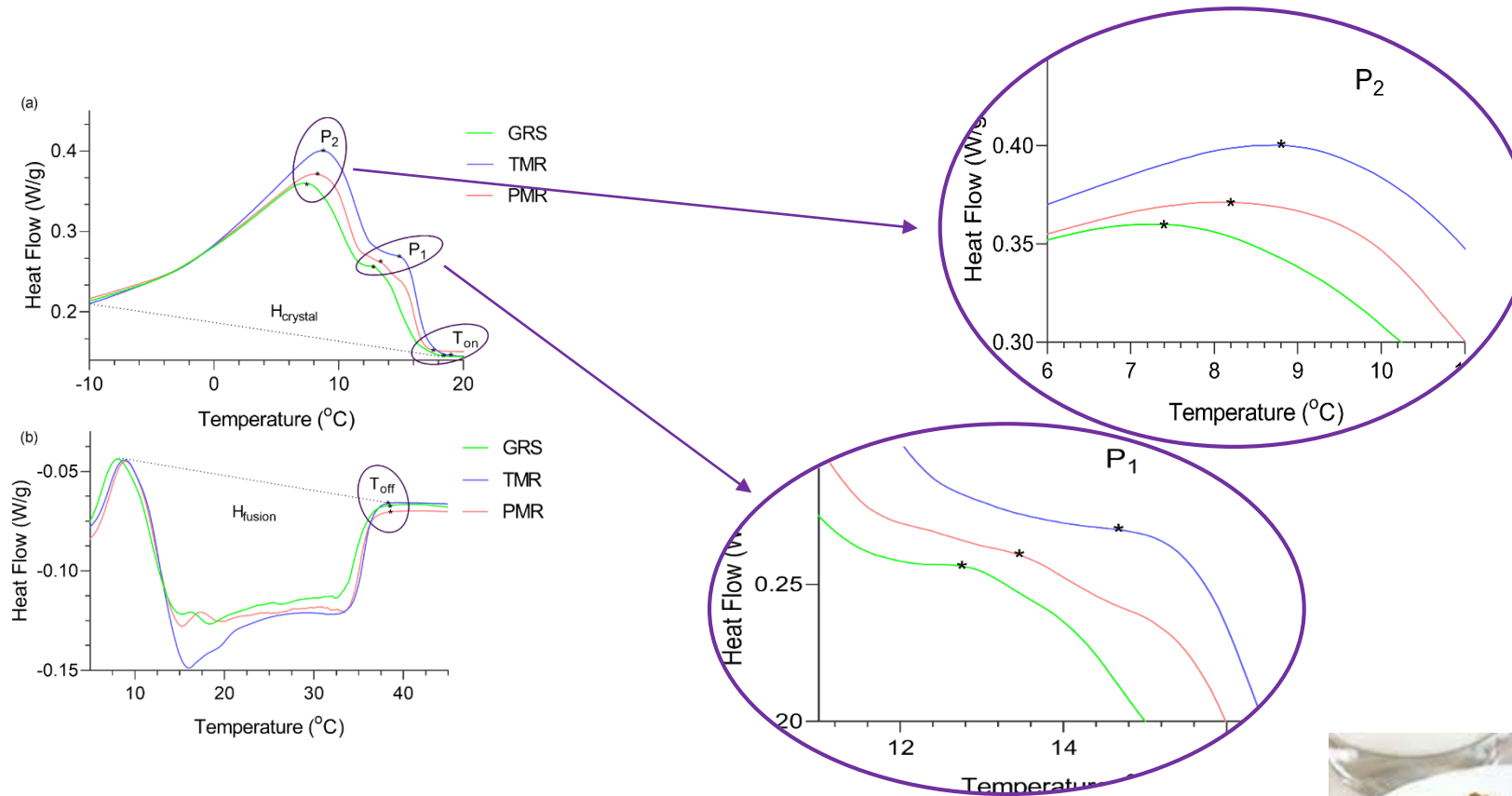
Grass feeding and colour



- Significant differences in the yellow colour of milk
- Similar impact of diet and SOL on the colour of whole milk powder, cheese and butter
- Size of milk fat globules impacted by SOL



Melting profile of butter



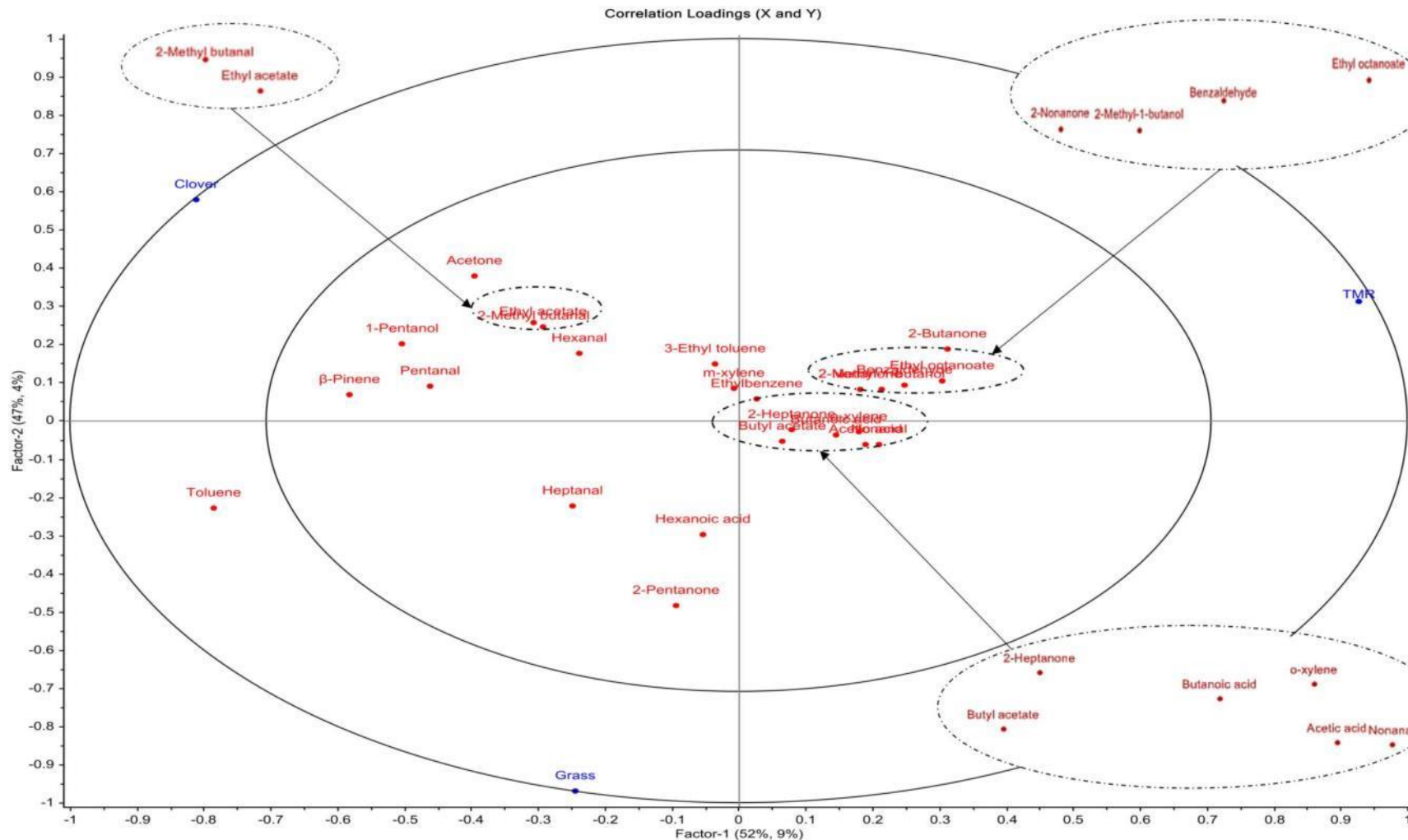
Difference in saturated:unsaturated fat ratio impacting the crystallising/melting behaviour of butter

- Result of differences in structure (e.g. palmitic acid)
- Altering the liquid:solid fat ratio

ISC

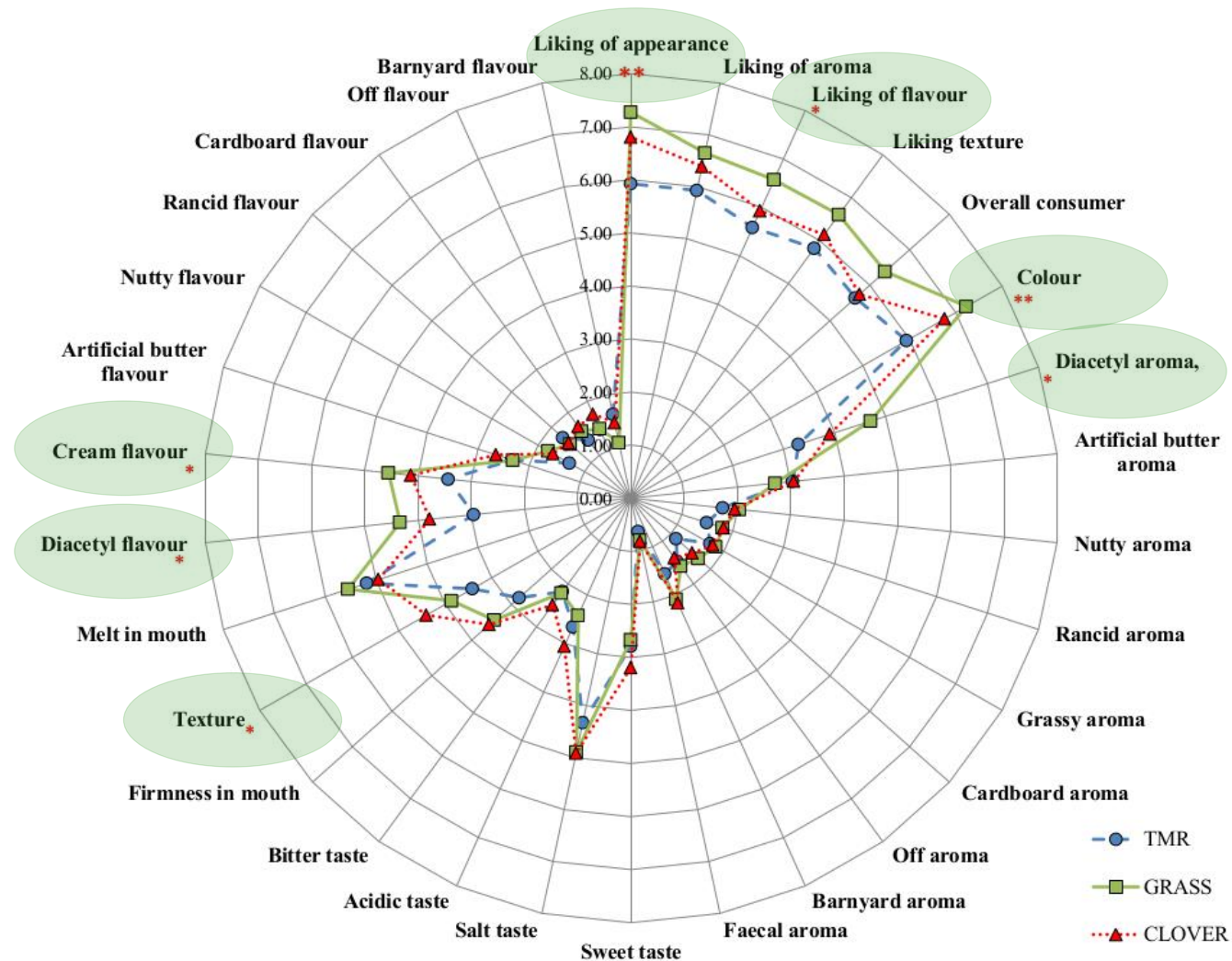


Volatiles: Compounds responsible for flavour



- Effect of feed on rumen microorganisms – generating volatiles
- Acetone associated with CLV butter samples – higher than TMR and GRS.
- 2-Butanone was present at higher intensity in TMR butters than GRS butters.
- Toluene associated with pasture derived butters, more than TMR, highest in CLV.
- Para-cresol – compound responsible for “barnyard flavour” in CLV samples – unfavourable in tasting panels

Cow diet has a significant effect on butter sensory properties



Recent studies on effects of pasture diets on milk quality:

Feed and breed

Breed 1

Holstein Friesian (HF)



Feed 1:
Perennial
ryegrass
(PRG)



PRG-HF

Feed 2:
Multispecies sward (MSS)

- 40% perennial ryegrass
- 15% other grasses
- 30% legumes
- 15% herbs



MSS-HF

Breed 2

Jersey x Holstein Friesian cross (JHF)



Feed 1:
Perennial
ryegrass
(PRG)



PRG-JHF

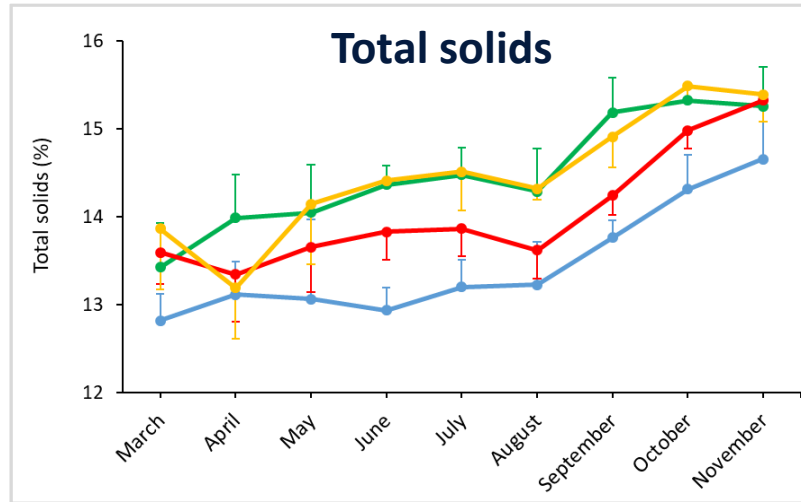
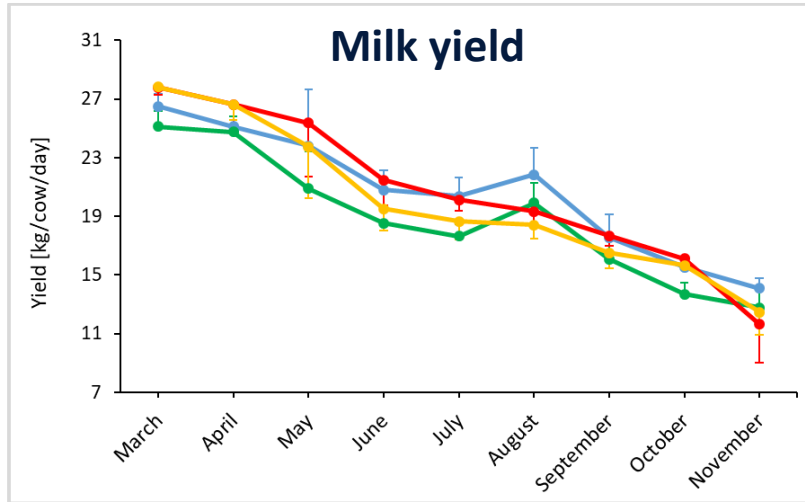
Feed 2:
Multispecies sward (MSS)

- 40% perennial ryegrass
- 15% other grasses
- 30% legumes
- 15% herbs



MSS-JHF

Diet and breed impact milk yield & constituents throughout lactation



Seasonal effect:

- Yield ↓
- Lactose ↓
- Protein & fat ↑
- Total solids ↑

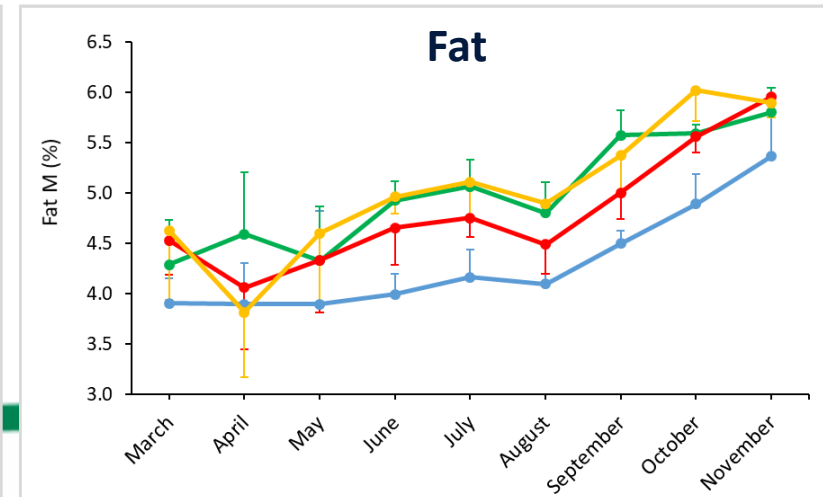
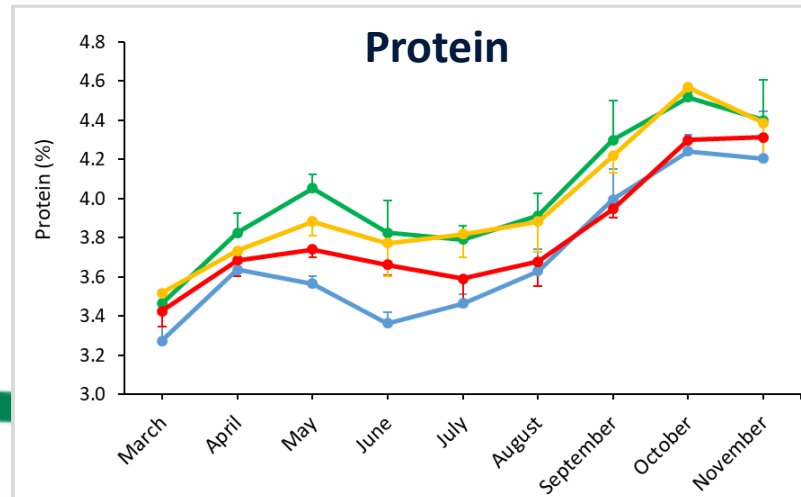
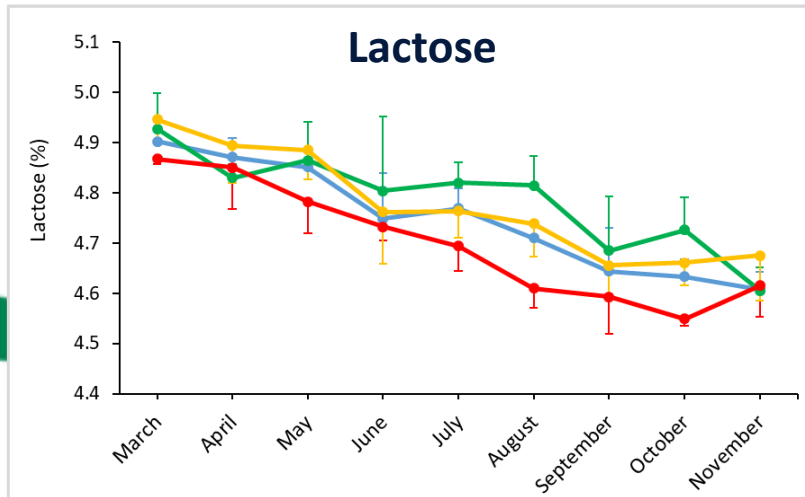
Breed effect

- JHF - lower yield, greater total solids (lactose, protein & fat) than HF

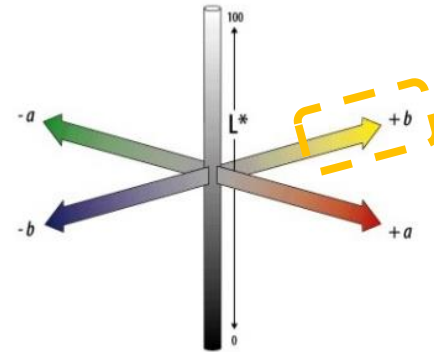
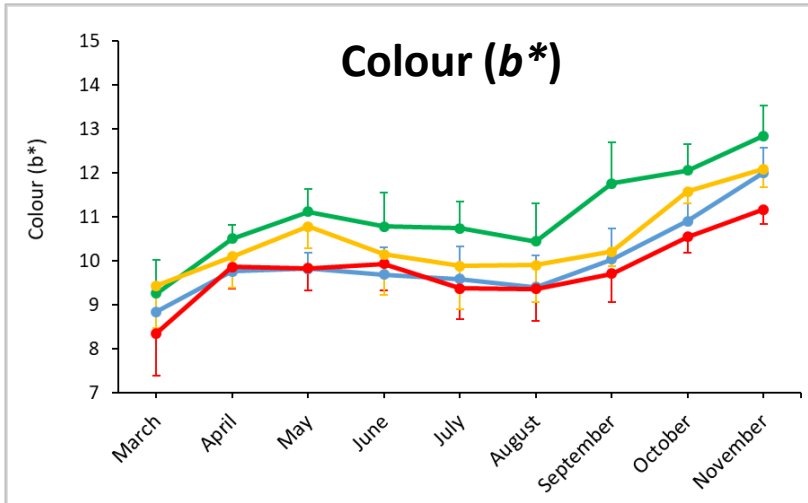
Feed effect

- MSS showed higher fat (& solids) content than PRG for HF

PRG_HF PRG_JHF MSS_HF MSS_JHF

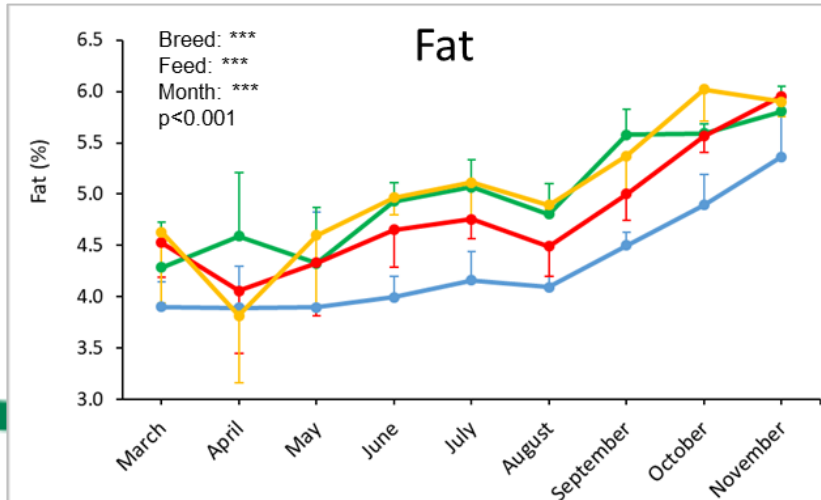
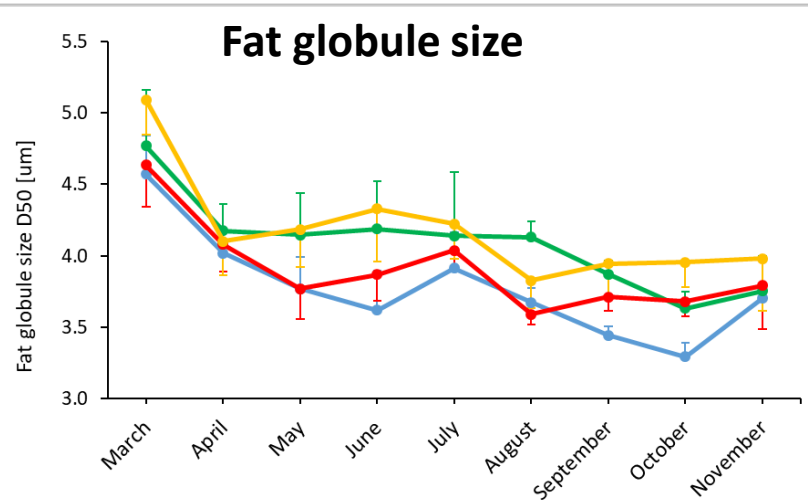


Fat, fat globules and colour



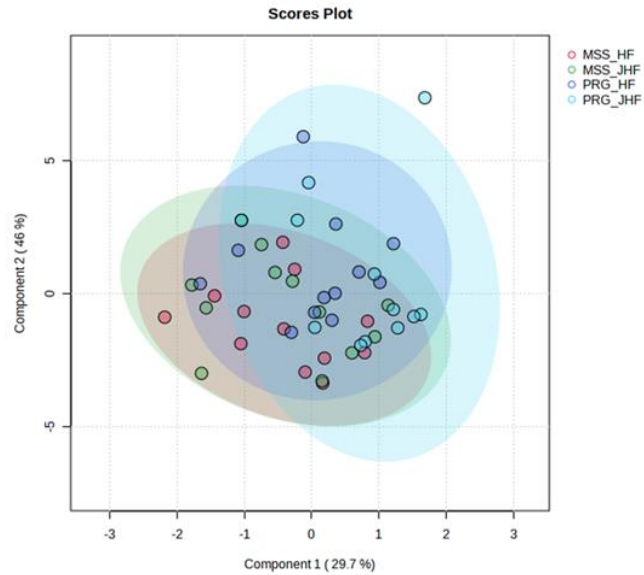
- Samples were increasingly yellow throughout lactation
- Highest for JHF

PRG_HF PRG_JHF MSS_HF MSS_JHF

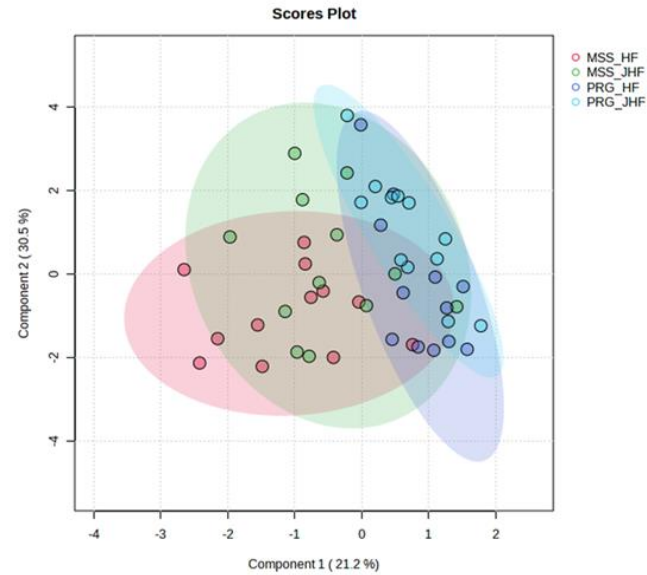


- Fat globule size decreased throughout the season
- Again, highest for JHF

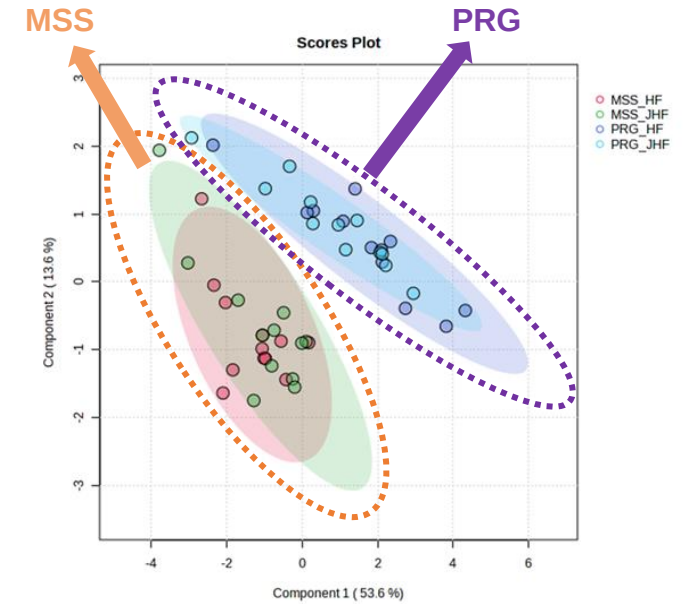
Fatty acid profile throughout the season



Mar-May



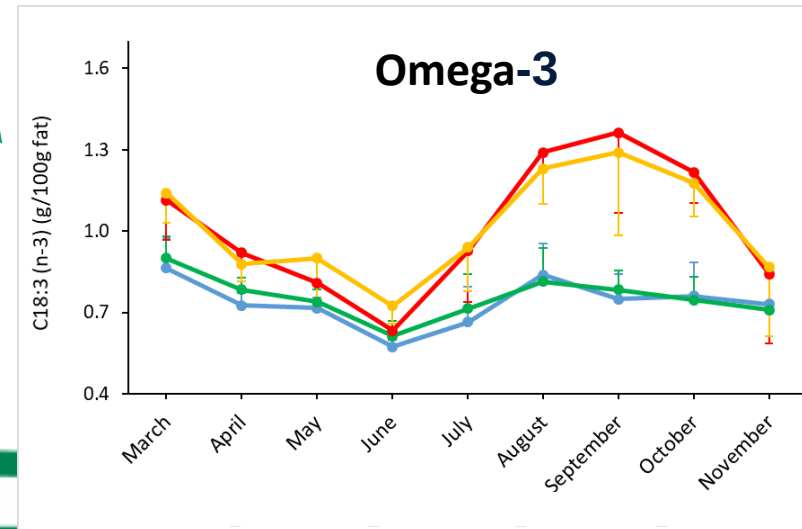
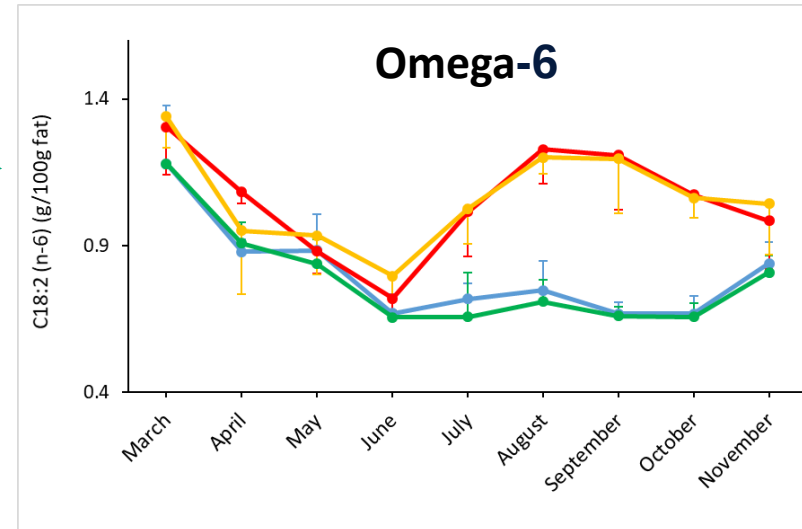
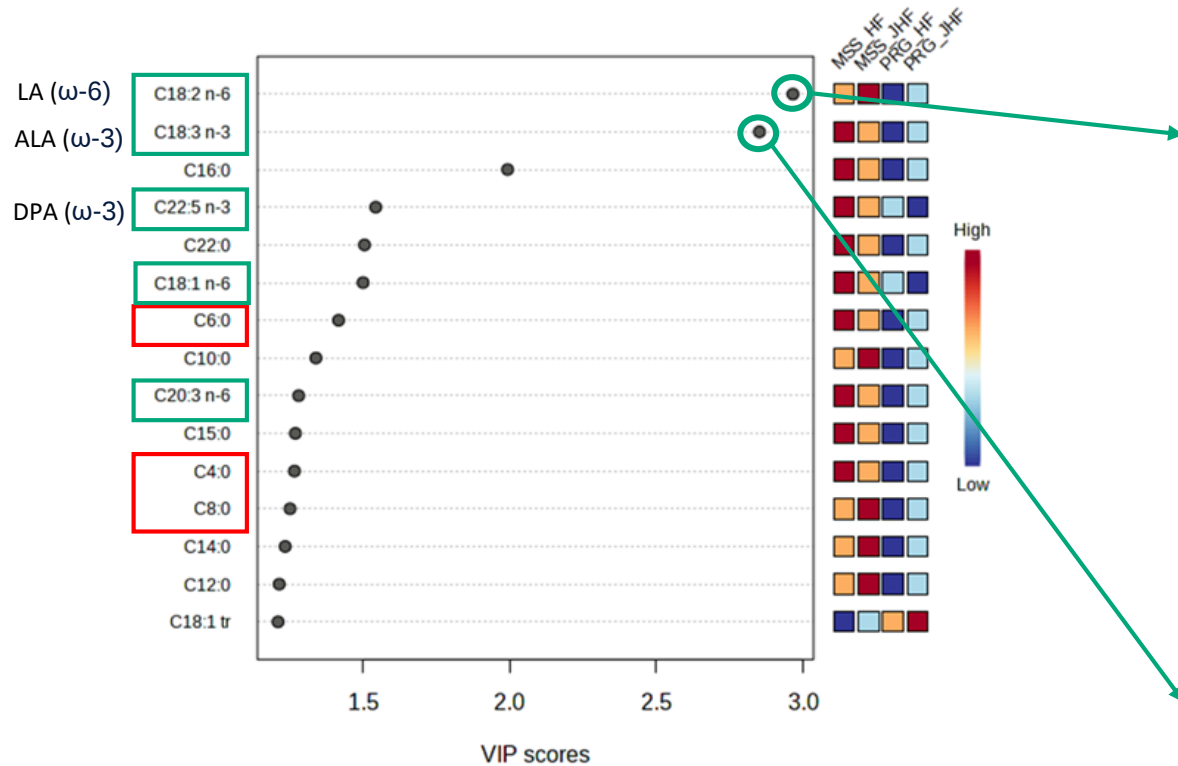
Jun-Aug



Sep-Nov

Clearer separation of FA profiles when progressing throughout lactation depending on feed.

Fatty acids: feed effect



Late lactation

- MSS milk has higher **PUFA** content
- MSS contributes to higher **SCFA** content

- Major change in omega-3/omega-6 balance for MSS from June onwards
- The proportion of omega-6 and omega-3 was higher in MSS, especially in mid- and late-lactation
- Higher short chain fatty acids (rumen derived) from MSS.
- No breed effect

- Pasture feeding increased concentrations of Omega 3, CLA, VA
- TMR Feeding increased concentrations of Omega 6 fatty acids, palmitic acid
- Pasture feeding increased vitamin B1, B2 and B7 content.
- TMR feeding increased vitamin B3 and B3-amide content.

Nutritional Quality

Diet induced alterations to milk has a significant effect on product textural, volatile and colour properties

Product Characteristics

Take home points

Breed and feed

Sensory

- Feeding system significant effect on sensory profile of milk and products
- Different sensory perceptions in different cultures

Feed Biomarkers

Several compounds have been identified as being significantly higher in pasture derived products and show potential to be biomarkers, including; CLA, β -carotene (characteristic yellow colour), toluene, dimethyl sulfone and hippuric acid.

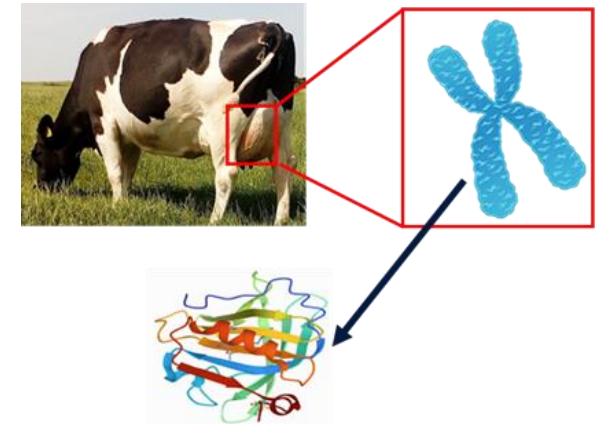
- MSS increase fat, total solids in HF
- MSS increase both omega-3 and omega-6 FA
- Jersey cross: Increased solids and fat globule size, decreased yield and DPA (omega-3)
- FA profile changes from mid-lactation onwards

The protein fraction in milk is genetically determined

- Nitrogen content of milk is distributed among the caseins, whey proteins and non-protein nitrogen.
- Each of the 6 primary proteins (2 whey, 4 caseins) has an effect on the nutritional value of milk.
- Genetic factors have a major influence on the protein profiles of milk, which in turn influence milk yield, composition, and milk processability.

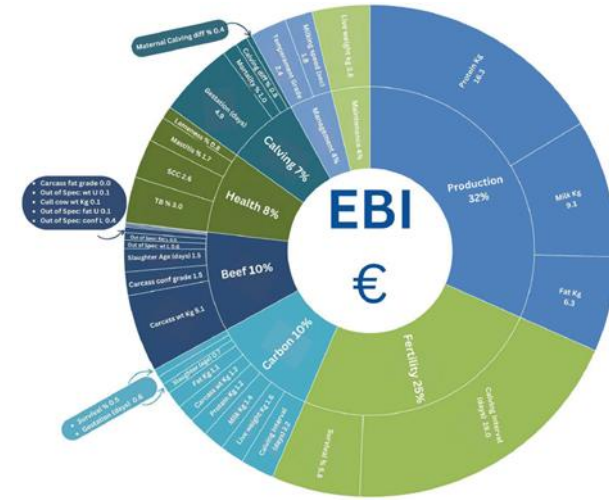
Our interests:

- Investigate natural variations in the nitrogen composition and protein profile of individual cows.
- Determine potential correlations between specific protein variants and milk nitrogen fractions.
- Determine the potential for tailoring milk for specific protein dominant product classes.



Variation in protein composition among individual COWS

- Nitrogen content of milk is distributed among the caseins, whey proteins and non-protein nitrogen.
- Each fraction has an effect on the nutritional value of milk.
- Genetic factors have a major influence on the protein profiles of milk, which in turn are reported to influence milk yield, composition, and milk processability

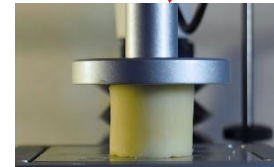


Value focused on:

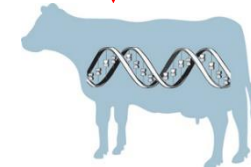
- Milk solids
- Reproductive performance
- Longevity
- Health status
- Calving

- Not just fat and protein!
- More than 100,000 components

Profile of constituent proteins



Significant for product functionality



Genetically determined

1. Important
2. Genetic differences
3. Measurable

Variation in protein composition among individual cows

Selection of high casein:whey protein ratio cows

Crude protein	True protein	Whey Protein	Casein	Casein no.
4.50	4.30	0.18	4.08	88.00
4.73	4.50	0.16	4.22	87.75
3.72	3.60	0.35	3.26	86.80
3.61	3.46	0.32	3.31	86.60
4.16	3.96	0.21	3.67	85.85

Selection of low casein:whey protein ratio cows

Crude protein	True protein	Whey Protein	Casein	Casein no.
3.70	3.51	0.48	2.77	73.85
4.03	3.83	0.76	3.07	75.90
4.13	3.93	0.78	3.15	75.30
3.63	3.51	0.44	2.82	77.10
3.35	3.17	0.56	2.67	78.10

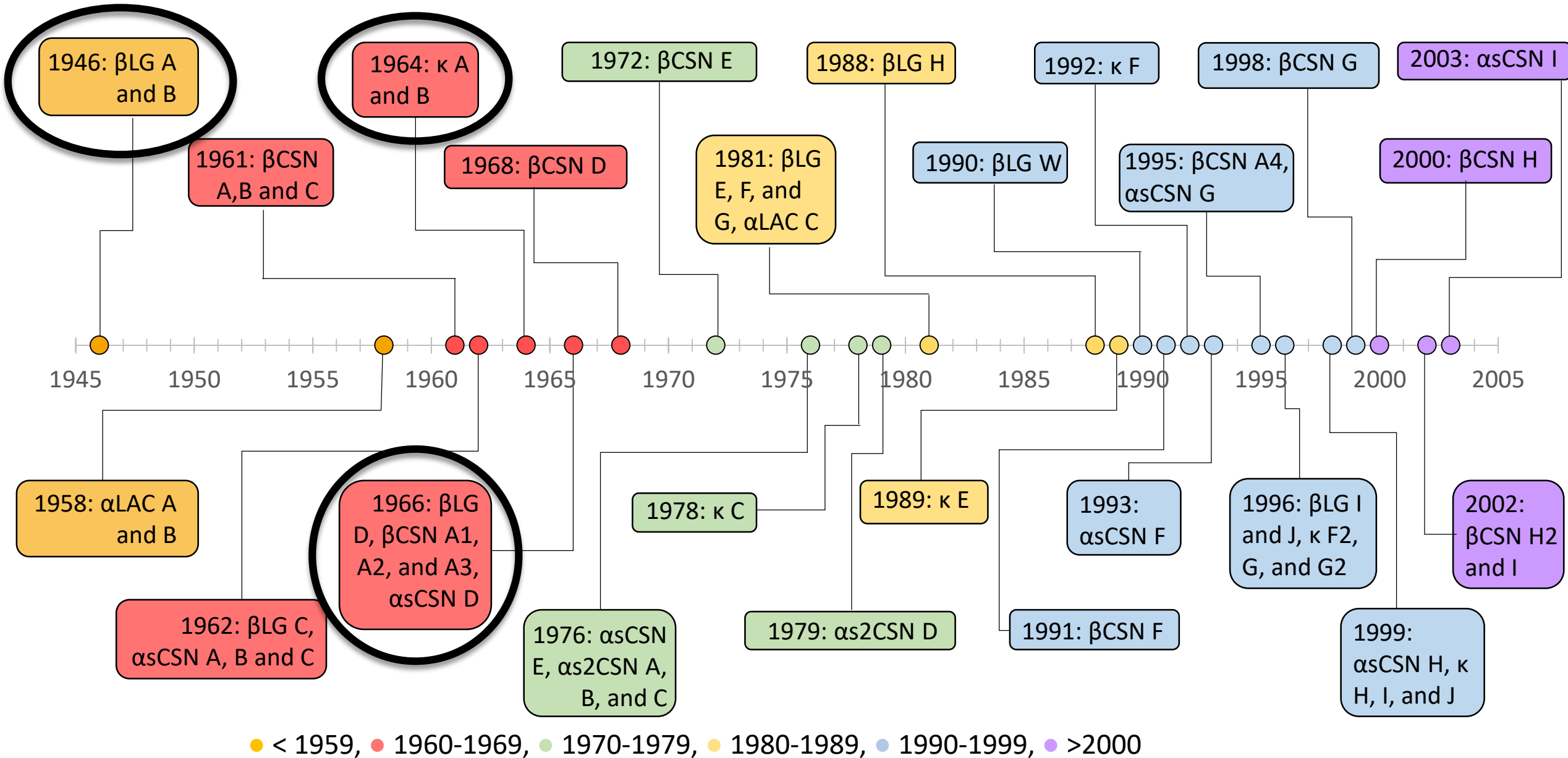
- Somatic cell count
→ high whey deposition in pre-mastitic cows
- Yield
→ high whey, reduced yield with infection
- Stage of lactation
→ all cows in mid-lactation
- Diet
→ all cows on perennial ryegrass-based diet
- **Strongly linked to genetic variants of individual proteins**

Impact of genetic variation on milk proteins

- Genetic variation is caused by a mutation within DNA resulting in the substitution of one or more amino acids within the primary structure of a protein
- There are many genetic variants of casein and whey proteins, with over 50 identified to date
- The first of which was discovered as far back as 1946



Timeline of discovery of milk protein variants



A SINGLE NUCLEOTIDE POLYMORPHISM IN THE STRUCTURE OF β -CASEIN

a2 Milk® Glow is made from easier on digestion a2 Milk® that may help some avoid discomfort. Our quality a2 Milk® comes from cows that produce only the natural A2 protein. Feel the difference.

FSA

of β -casomorphins

β -cas

9)

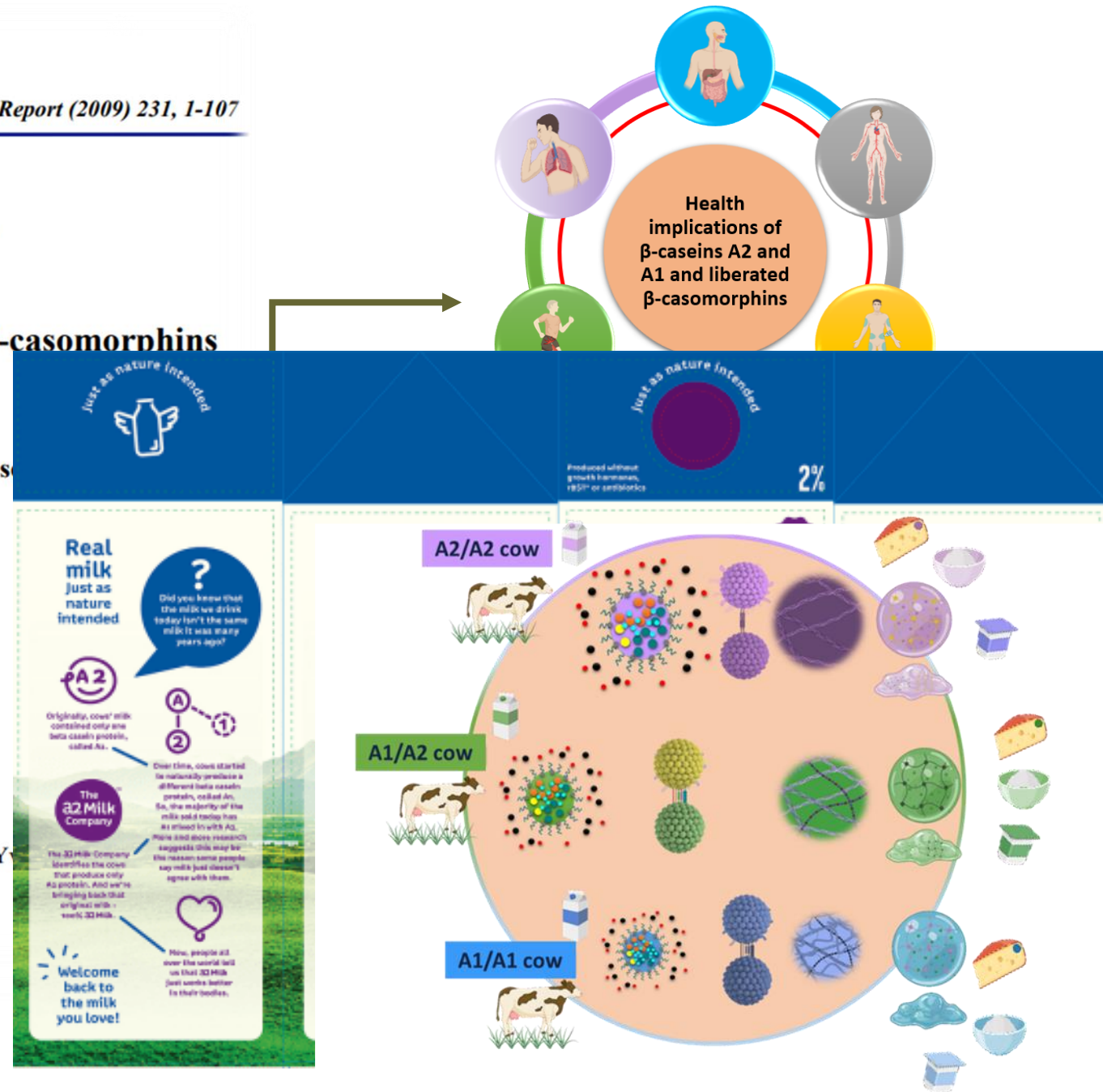
nen, Y

II. Breed differences in the occurrence of β -casein variants

By R. ASCHAFFENBURG

National Institute for Research in Dairying, Shinfield, Reading

(Received 15 January 1963)



Bovine β -casein phenotype - structure and functionality of milk and dairy products

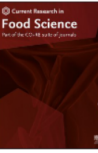
Current Research in Food Science 5 (2022) 1701–1712



Contents lists available at ScienceDirect

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journal homepage: www.sciencedirect.com/journal/current-research-in-food-science



What is the impact of amino acid mutations in the primary structure of caseins on the composition and functionality of milk and dairy products?

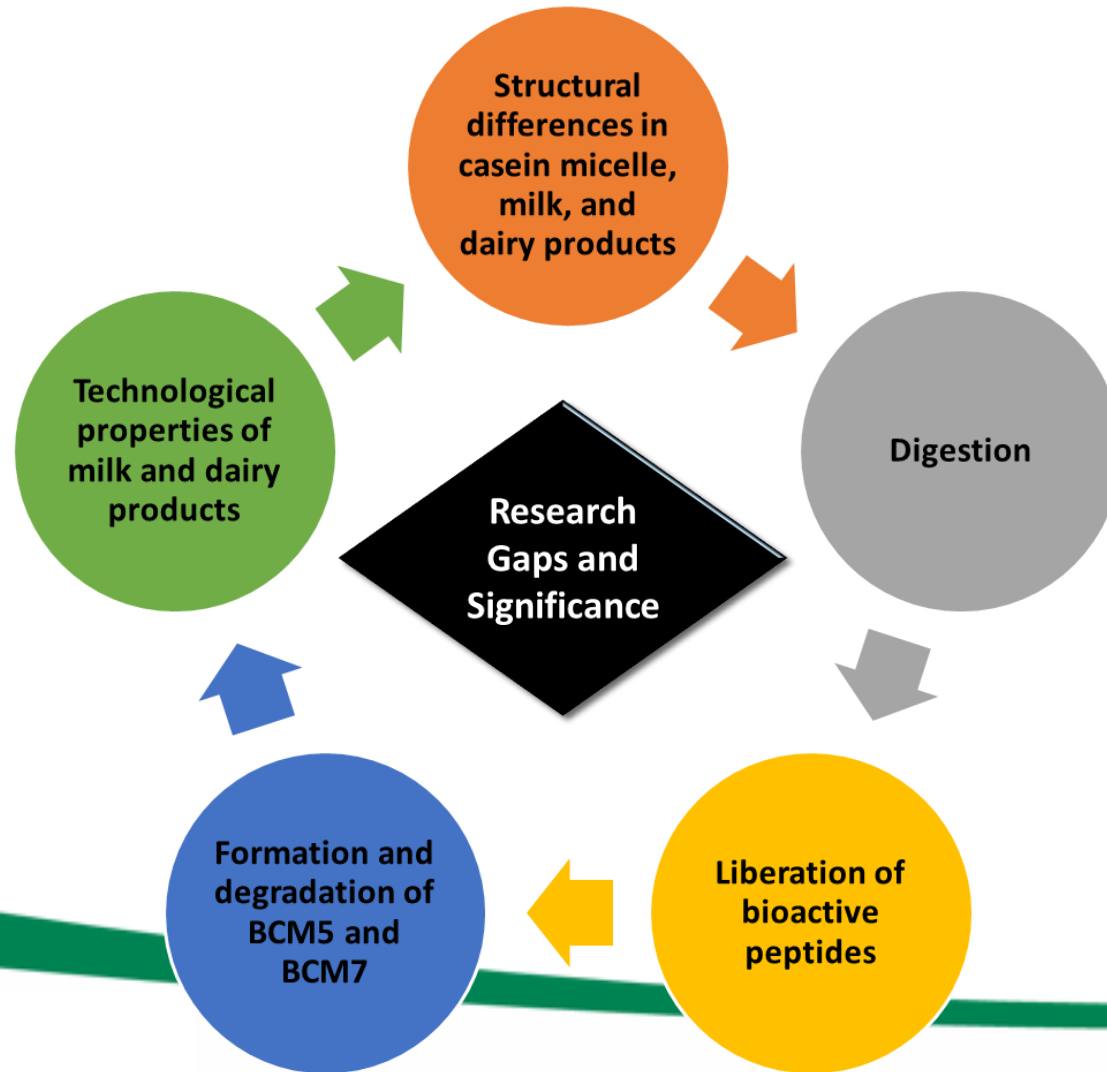
Davor Daniloski^{a,b}, Noel A. McCarthy^b, Thom Huppertz^{a,c,d}, Todor Vasiljevic^{a,*}

^a Advanced Food Systems Research Unit, Institute for Sustainable Industries and Liveable Cities and College of Health and Biomedicine, Victoria University, Melbourne, VIC, 8001, Australia

^b Food Chemistry and Technology Department, Teagasc Food Research Centre, Moorepark, Fermoy, P61 C996, Cork, Ireland

^c FrieslandCampina, Amersfoort, the Netherlands

^d Wageningen University & Research, Wageningen, the Netherlands



- Raw genotype information from national herd in the form of a data dump from the Irish Cattle Breeding Federation (ICBF) which is held on the Teagasc High-Powered Computing Cluster –updated ‘as needed’.
- Approx 78,000 Holstein-Friesian cows (25 genetic variants)
 - A1A1 = 7%
 - A1A2 = 27%
 - A2A2 = 26%

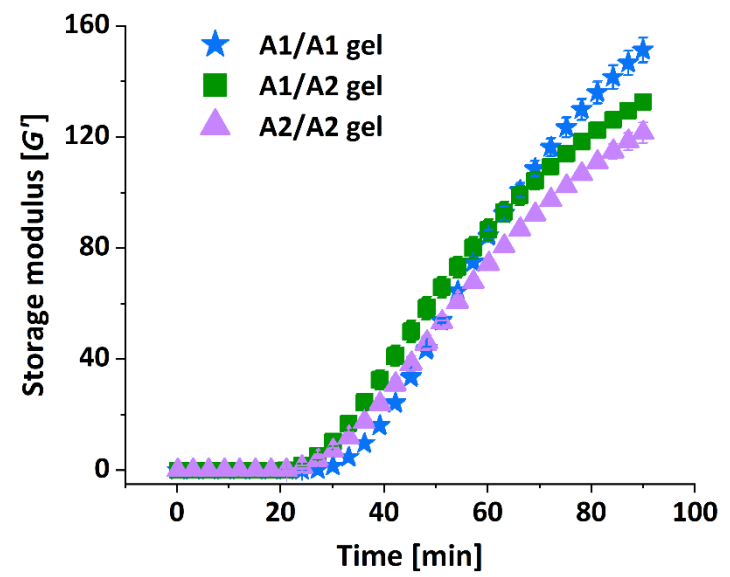
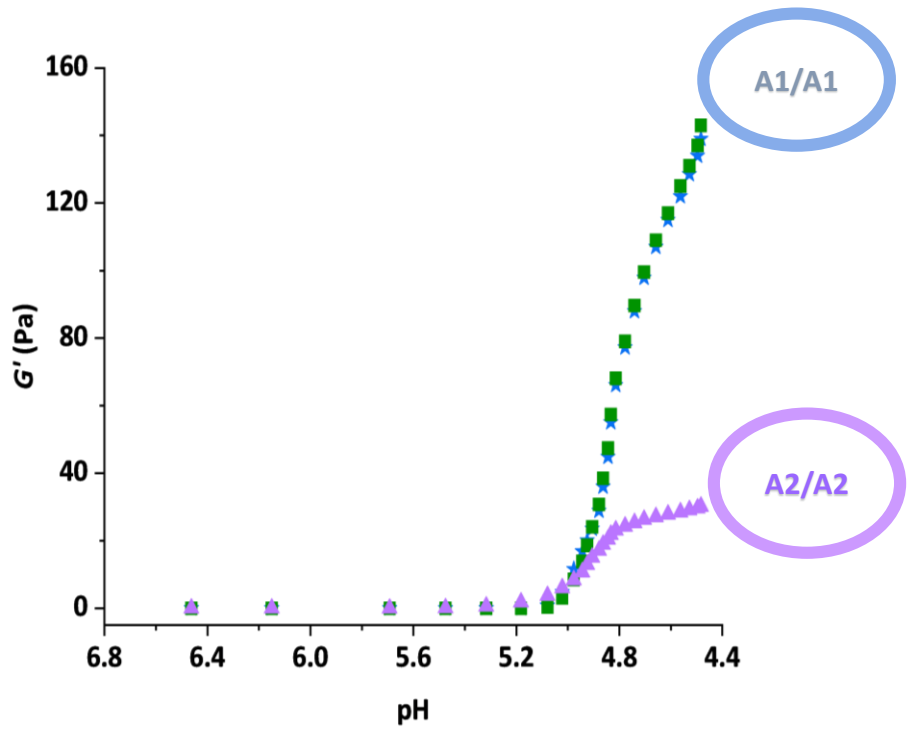


INCREASED STORAGE MODULUS IN ACID AND RENNET GELS WITH β -CASEIN A1

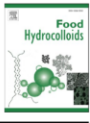
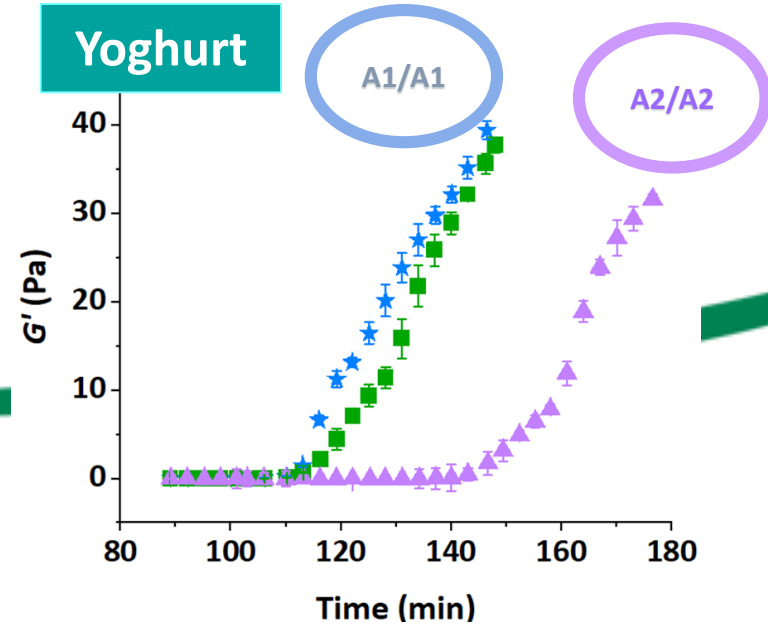
Acid gelation

β -CASEIN A1

Rennet coagulation



Yoghurt



Rheological and structural properties of acid-induced milk gels as a function of β -casein phenotype

Davor Daniloski^{a,b}, Noel A. McCarthy^b, Inge Gazi^{c,d}, Todor Vasiljevic^{a,*}

^a Victoria University, Advanced Food Systems Research Unit, Institute for Sustainable Industries and Liveable Cities and College of Health and Biomedicine, Melbourne, Victoria, 3001, Australia

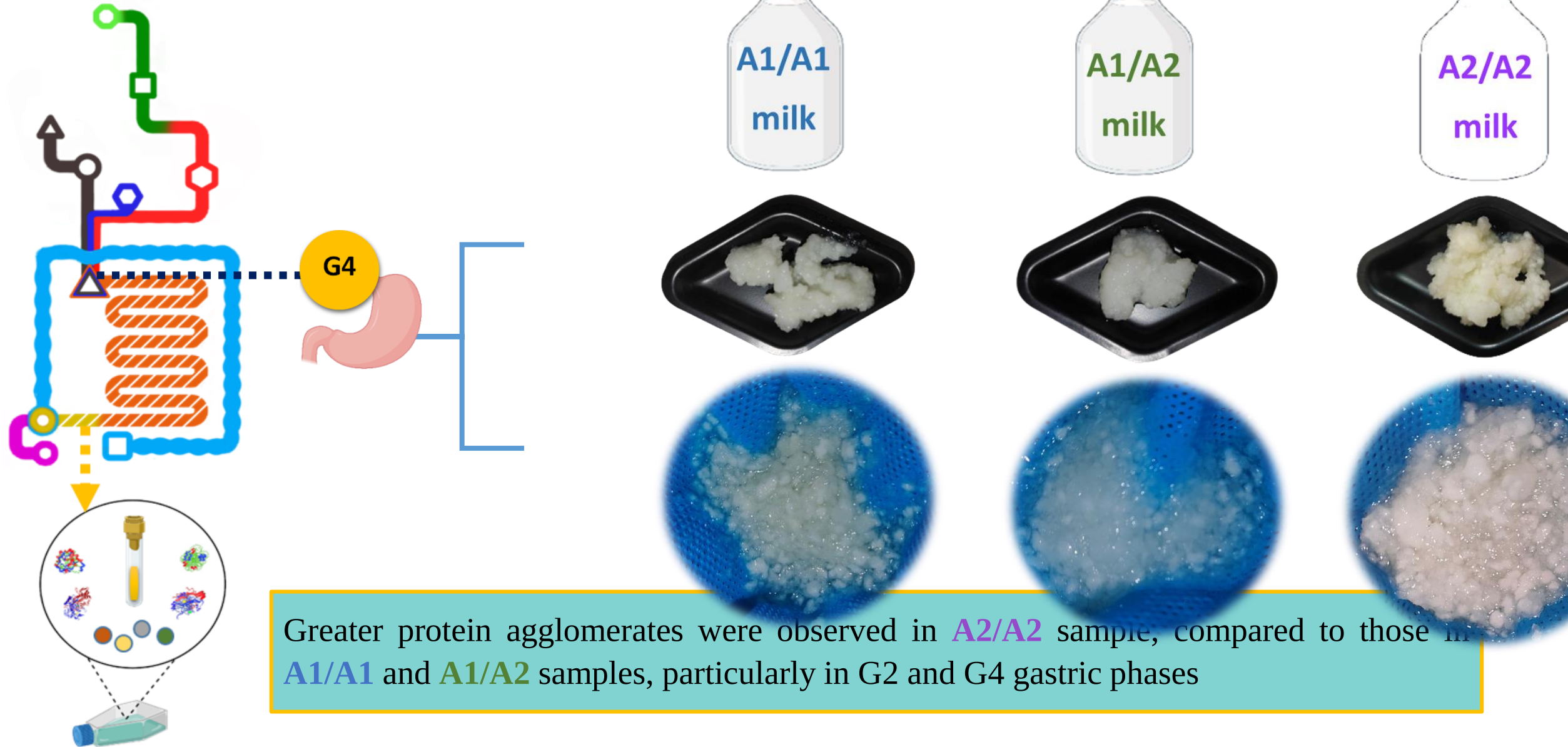
^b Teagasc Food Research Centre, Food Chemistry and Technology Department, Moorepark, Fermoy, P61 C996, Cork, Ireland

^c Utrecht University, Biomolecular Mass Spectrometry and Proteomics, Bijvoet Centre for Biomolecular Research, Utrecht Institute for Pharmaceutical Sciences, Utrecht, the Netherlands

^d Netherlands Proteomics Centre, Utrecht, the Netherlands

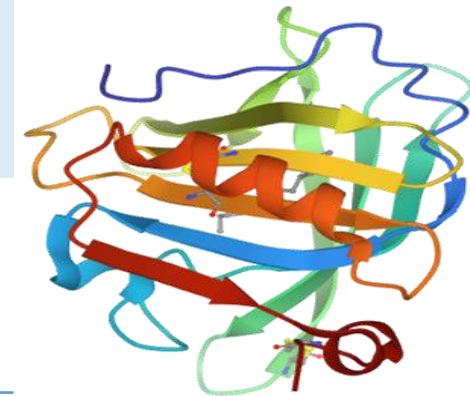
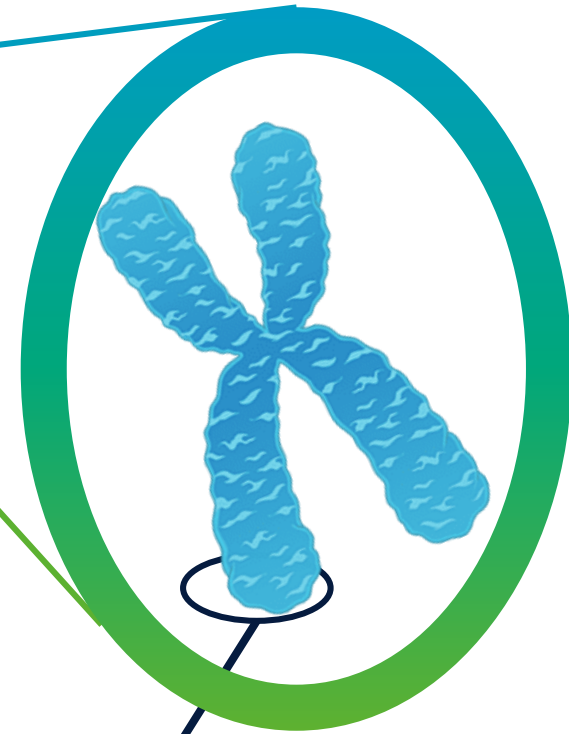


In vitro semi-dynamic digestion



Why β -lactoglobulin?

- Whey proteins can be easily isolated and purified by a combination of micro and ultra-filtration
- β -lactoglobulin is the most abundant whey protein found in milk and is the most abundant milk protein in infant formula



β -lactoglobulin

118

Asparagine
Acid

Valine

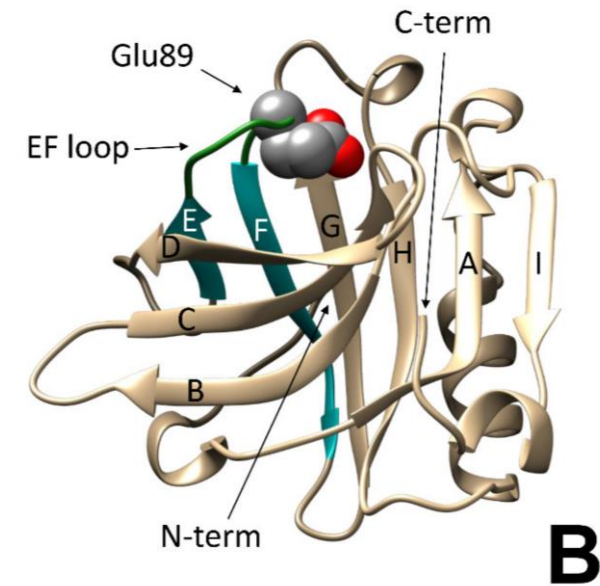
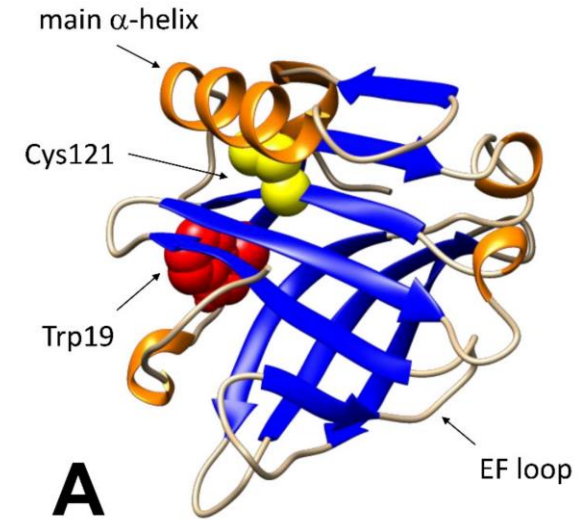
These subtle changes to the amino acid sequence have been shown to influence the pI, dimer stability, and secondary structure of β -lactoglobulin

Who Cares?

H₂

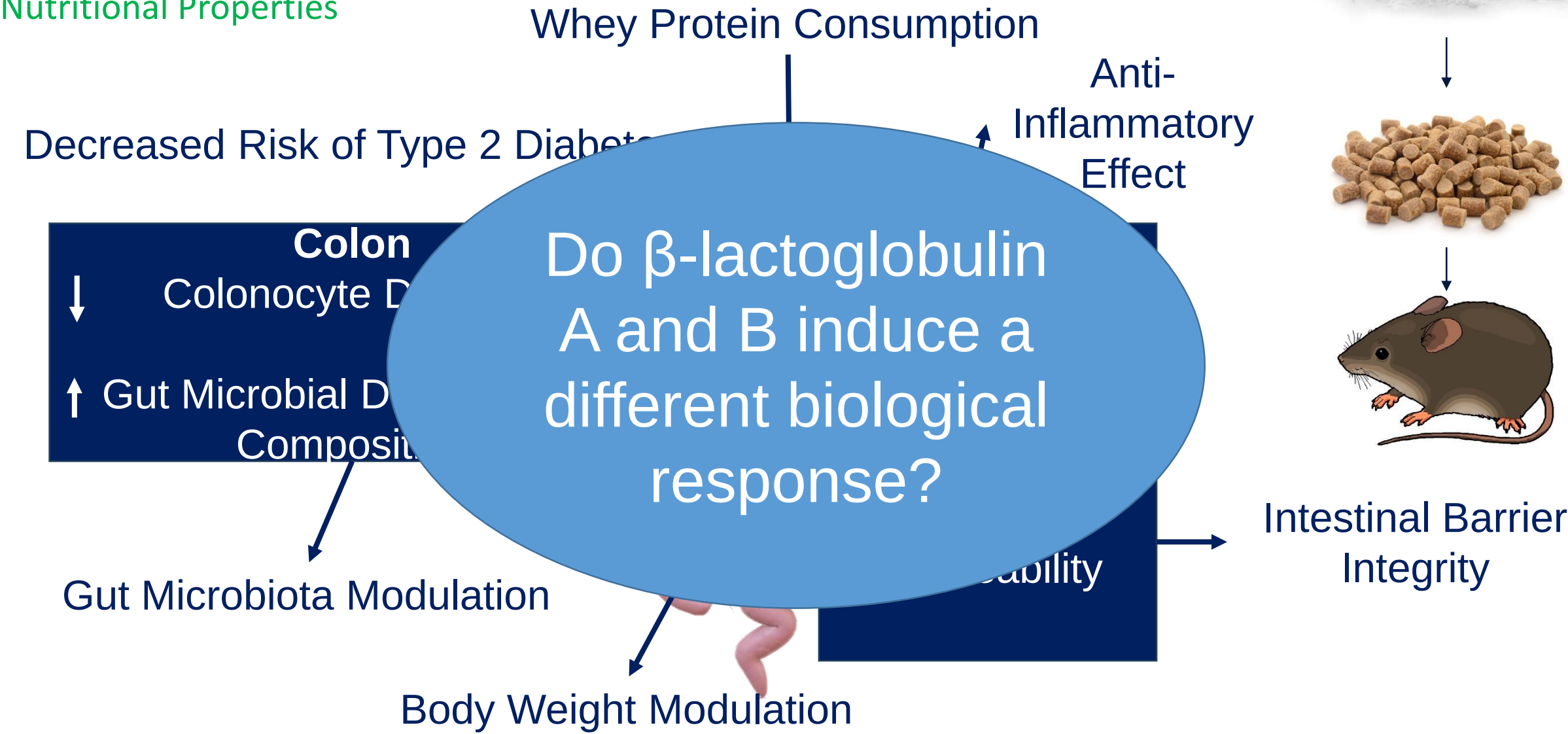
Functional indicators

- The A variant has a lower denaturation temperature than the B variant. This could be as a result of a greater proportion of β -sheets found in the B variant
- The A variant produced weaker gels between pH 6.6 and 6.8. This could be a result of the A variants greater electrostatic charge, or possibly due to the difference in mineral content between the A and B variants
- At pH 6.4 the A variant has better heat stability than the B variant
- AB variant behaves in a similar manner to the B variant during heat stability testing, but displays similar properties to the A variant during heat-induced gelation



β-lactoglobulin variants

Nutritional Properties





Thank you for your attention.