

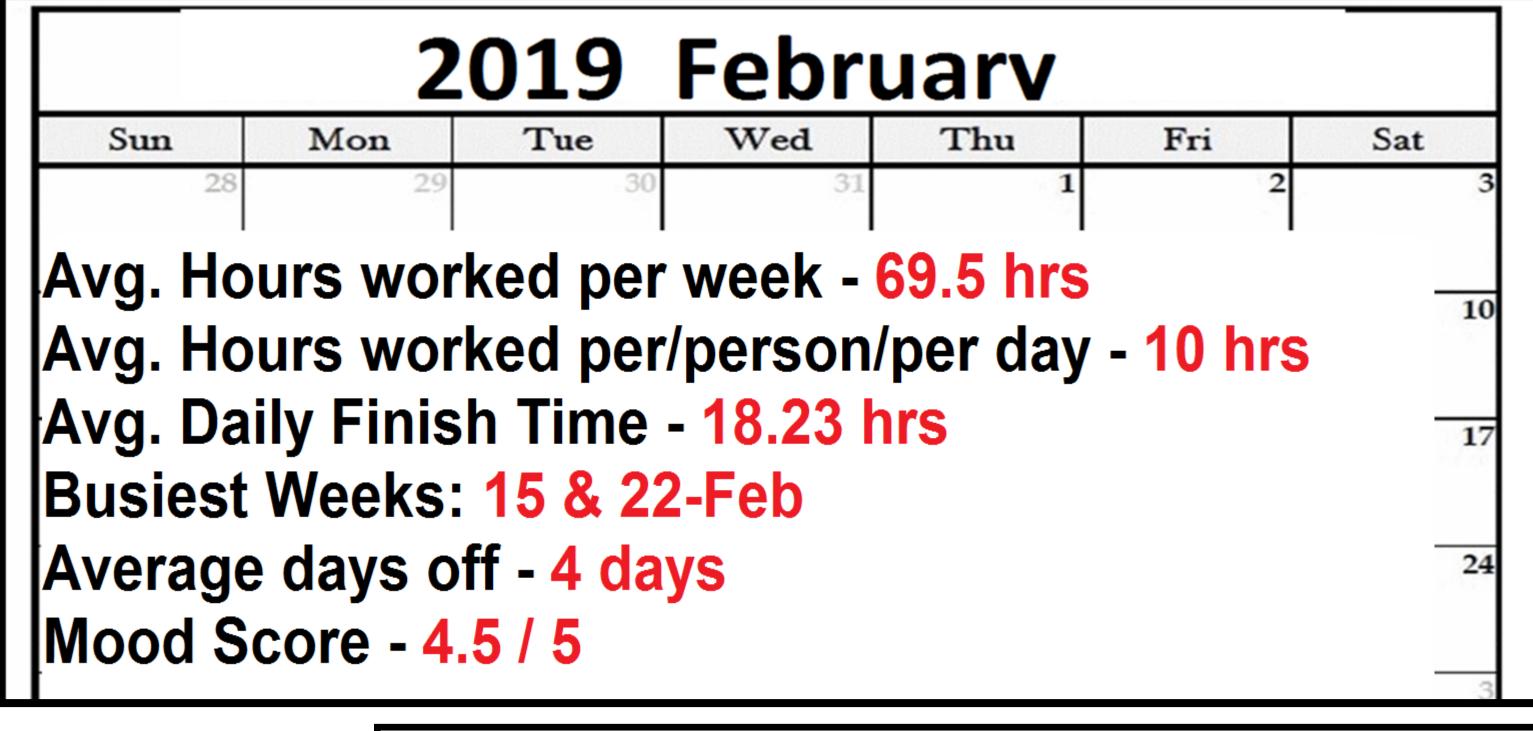
60 hour challenge



Background

- **★**Developed by Greenfield Academy 1 (GA1)
- ★Average herd size = 300 cows
- *33% of workload occurs in spring
- ★8-week challenge to cap work at 60 h/ wk
- ★Group wanted to measure their hours worked

Results



Challenge outcomes

- 60 hour target only achieved by a few members (range 50-82 h /wk)
- ✓ Members reduced their hours worked
- **✓** Better organisation & time management

GA1 Avg. hours Sleep/Night

