Seasonal variation in composition and chemistry of milk from the national milk pool

# Moorepark Milk Quality Workshop December, 2014

# B. O'Brien, N. Galvin, E. Lewis



Introduction	Important to get a snapshot of the composition, quality and processability of national milk pool
	Changes in milk production methods have changed significantly since the previous database was set up (1999)
	Calving date; feeding practises; seasonality
	Particularly important to establish mineral content of milk - critically important to the infant feed formula industry
	Objective:
	To determine the composition, processing characteristics and mineral level of the national milk pool and variation over the season



#### **Procedures and methodologies**

- Milk samples were collected from 8 milk processors/ co-ops in different geographical locations in order to get a representative sample of the national milk pool
  - Co-ops/ Processors:
  - Arrabawn, Aurivo, Carbery, Dairygold, Glanbia, Kerry, Lakelands, Tipperary
- Milks were collected on alternate weeks during the main lactation period, i.e. commencing in February and continuing until volumes of milk decreased in November -2013
- Milk samples were taken from the 'Manufacturing milk' supplies.
- Milks for mineral analysis were stored frozen until tested



#### Milk quality measurements:

#### Nitrogen fractions – total protein, NPN, casein number

pH, SCC

lactose content

Mineral and trace element levels



# Milk total protein %



Av = 3.55%; range 3.39% - 3.93%



# Milk NPN %



#### Av = 0.031%; range 0.025% - 0.035%



### Milk casein number %



Av = 78.6%; range 81.7% - 78.0%



# **N** fraction trends

- Casein number is defined as (Casein /Total protein)\*100
  - Large increase in milk protein concentration
  - Proportionally smaller increase in the milk casein
  - Then lower casein number
- Not just level of protein but quality of the protein as well
- The NPN level important. High protein levels in grass in spring time – very high milk protein - Payment on this BUT high NPN as well. Milk urea represents about ~50-60% of the NPN fraction of milk protein.



Effect of year on average nitrogen fractions in milk on two Moorepark farms in Feb 2010 (average of values of weeks ending 7, 14, 21, 28 Feb) and Feb 2011 (average of values of weeks ending 6, 13, 20, 27 February) (978 Feb records used)

Farm	Year	Milk Protein %	Milk Casein %	Casein no. %	Milk Urea mg/100ml
1	2010	3.42	2.62	78.0	43.5
	2011	3.74	2.83	75.5	73.4
2	2010	3.49	2.76	79.5	44.7
	2011	3.67	2.78	75.6	68.0
Average 1	2010	3.46	2.69	78.8	44.1
Average 2	2011	3.70	2.81	75.5	70.7

Higher Milk Protein % in 2011 compared to 2010 Higher Milk Casein % in 2011 compared to 2010 Lower Casein Number in 2011 compared to 2010 Higher Milk Urea in 2011 compared to 2010



#### **Grass crude protein levels**

Crude protein concentration (CP %) of grass samples from 2010 were compared to grass samples from 2011. These grass samples were cut from grazing paddocks at Teagasc Moorepark and were cut, dried (40oC for 48 hours), milled and scanned by NIR

Year	Number samples	Dates	Mean CP %	Min	Max	St dev
2010	7	1 – 12 Mar	21.8	20.0	23.7	1.48
2011	6	10 Feb – 2 Mar	26.8	25.2	30.0	1.76

It is clear that the crude protein concentration is considerably higher (by 5% units) in 2011 than it was in 2010.



# High dietary CP levels resulted in an increase in the NPN proportion of milk protein and a decrease in the Casein No.

#### Why was dietary CP in 2011 higher than in 2010?

- Increase in grass CP
- Coupled with an increase in grass intake

#### Why did this occur ?

No over-winter growth in 2011  $\rightarrow$  the grass takes up N in preparation for new growth, but if there is no growth then the increased N just remains.



#### Why was grass intake higher in 2011 than in 2010?

- Good grazing conditions
- Good availability of grass
- Teagasc advice

Importance of grass in the early lactation diet Importance of getting to grass early to condition sward for subsequent grazings

Reduces requirements for supplementation

### **Solutions**

Decrease the CP concentration of the diet

- as grass growth increases, the concentration of N in grass will decrease
- change the diet mix / supplementation
  - supplement: low protein, high energy



# Milk Lactose %





# Milk pH





# Milk SCC





# Milk TCM





#### Mineral and trace element analysis

- Iodine
- Magnesium
- Phosphorus
- Calcium
- Zinc
- Manganese
- Iron
- Cobalt
- Copper
- Selenium
- Molybdenum

#### Analysis ICP-MS

Induction Coupled Plasma Mass Spectrometry



#### **General points on minerals and trace elements**

- Minerals and trace elements contribute to the buffering capacity of milk, the maintenance of milk pH, the ionic strength of milk, and milk's osmotic pressure
- Some, such as Zn, Mg, Fe, Cu, Mn and Mo, are required by enzymes as cofactors
- Ca, P <u>major minerals</u> found in milk. Required by young mostly associated with the casein micelle structure
- Fe in milk is bound to lactoferrin, xanthine oxidase (an enzyme associated with the cell membrane) and some to caseins
- Zn in cow's milk is mostly bound to casein, but some is bound to lactoferrin
- Cu is bound to the caseins, to ß-lactoglobulin, to lactoferrin, and some to the milk fat membranes
- Mo is bound to xanthine oxidase and inner surface of the milk fat globule membranes
- Mn is associated with the milk fat membranes
- Co is an essential part of vitamin B12



#### Should not be significant problem in Ireland

- Originate from cows grazing on land or from contaminated feed stuffs
- Land can naturally contain high levels of certain metals or may be contaminated by industry;
- Research study (Simsek *et al.*, 2000) highest heavy metal content was found in the milk samples collected from industrial region followed by traffic intensive region and rural region

#### In the Irish scenario

- grass an unlikely source in the Irish scenario due to the rural nature of milk production
- 90% of milk in Ireland is produced from forage little opportunity for concentrate feedstuff to be a serious source - maximum of approximately 400-500kg of meal to be fed

per cow during the full course of the lactation

#### BUT variation in content may be an issue



# Average monthly lodine concentrations for 8 processor milks-2013





#### **Iodine concentrations for 8 processor milks at 13 dates -2013**





#### Milk iodine is a quality issue

- Infant formula industry is important in Ireland necessary to have correct levels and balance of minerals including iodine
- Target for iodine in milk powder as an ingredient in IMF :
  - 100 μg iodine/ 100g powder; equates to <250 μg iodine/kg milk
- Difficult to source at times of year, e.g. concentrations of >500 µg/kg recorded for December (O'Brien *et al.* 1999)
- Higher lodine levels observed during winter period when concentrate levels may be significant proportion of diet – pre-milking teat disinfection
- Lower lodine concentrations observed in milk compared to previously
- More use of non-iodine teat dips; iodine levels reduced in concentrates ? or less concentrates fed in autumn 2013 ?



#### **lodine continued**

- From Nov the iodine content of Valio Premier plus protein enriched milk will be detailed on the front and back of cartons in Finland and Sweden
- By May 2015 the 16 micrograms/100 ml iodine content of all Valio basic, lactose free and protein enriched milk and milk powder will be detailed beneath calcium on the nutrition label of each package
- The EU recommends that adults consume 150 micrograms of iodine per day
- Drinking half a litre a day of Valio milk with its 16 micrograms of iodine/100 ml would give an adult more than half of their EU recommended daily intake of 150.



# Milk Mg concentration



Av = 113,124ppb; range 102,149 - 123,130ppb

Av = 110,000ppb; range 96,000 - 117,000ppb (1999)



# **Milk P concentration**



Av = 929,254ppb; range 888,781 - 978,579ppb



# **Milk Ca concentration**



Av = 1190,838ppb; range 1104,458 - 1283,386ppb



# Milk Zn concentration



Av = 3,777ppb; range 3,428 - 4,185ppb

Av = 3,950 ppb; range 3,650 – 4,540ppb (1999)



# Milk Mn concentration



Av = 31ppb; range 25 - 40ppb

Av = 30ppb; range 21 - 61ppb (1999)



# Milk Fe concentration



Av = 239ppb; range 165 – 342ppb



# Milk Co concentration





# Milk Cu concentration



Av = 41ppb; range 32 - 65ppb

Av = 70 ppb; range 38 – 116ppb (1999)



# **Milk Se concentration**



#### Av = 23ppb; range 15 – 30ppb



### **Milk Mo concentration**



Av = 43ppb; range 35 - 50ppb

Av = 38 ppm; range 27 – 52ppb (1999)



# Summary

- Mg mainly influenced by stage of lactation shown by Keogh et al (1982); O'Brien et al. (1999); current study
- P little change over the lactation not measured in Irish milk previously
- Ca studies differ in relation to Ca content of Irish milk. Keogh et al (1982) found it increased significantly in late lactation. Such a pattern was not observed in the 1999 study; but some increase observed here
- Zn some variation observed in current study also found but P>0.05 in 2012 study - in 1999 study were consistent over time - Zn does not normally vary with season and is only marginally affected by the level of Zn in the diet (Flynn and Power, 1985; IDF, 1992)
- Mn was affected by stage of lactation (increased with advanced lactation); was not affected by lactation stage in 1999 study. However, other studies have reported changes - Mn concentration of Finnish milk was 30% higher in winter than in spring



# Summary

- Fe increase observed with advance in lactation no such change seen in recent study of 2012 – Murthy (1974) indicated that milk Fe concentration is not affected by changes in dietary Fe intake while Coni et al. (1995) found higher Fe levels in winter milk compared to summer milk
- Co some variation but no consistent effect of stage of lactation; fluctuated also in 1999 study
- Cu content low and consistent in current study, except for 2 peaks of 2 different processors on 1-2 occasions; previously indicated that Cu content is very much influenced by feeding of cow (can be low in grass but high in feeds). Also recent study (2012) found Cu value from summer higher than winter period. Herbicide application – industrial emissions
- Se some slight increase with stage of lactation evident
- Mo some increase with stage of lactation evident

Initial investigation – variation – methodology - impact – further study



